Prem Bani Radhasoami

(Poetry)

OF

PARAM PURUSH PURAN DHANI
HUZUR MAHARAJ

Part IV

Translated into English Prose

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RADHASOAMI DAYAL

ki

DAYA

RADHASOAMI SAHAI

GRANT

Merciful Radhasoami

Thy

Grace and Protection

TRANSLATION

of

PREM BANI RADHASOAMI

(Poetry)

by

HUZUR MAHARAJ

PART IV

Bachan 39

GHAZAL AND MASNAVI
(ODES AND MASNAVI)

Ghazal 1

हे गुरु मैं तेरे दीदार का आशिक़ जो हुआ ।
मन से बेज़ार सुरत वार के दीवाना हुआ ॥१॥

O Guru ! I am enamoured of Your Darshan. I have become disgusted with my mind. I sacrifice my Surat at Your Holy Feet. (1)

O my Beloved ! One glance of Yours has completely unsettled me, rendering me desperately restless like Majnun in love with Lailá. (2)

I am sick at heart. There is no remedy for me except Your Darshan. Your voice alone will act like soothing balm on my lacerated heart. (3)

The lustre of Your face has illumined my heart. Thousands of suns and moons feel ashamed before Your radiance. (4)

A lover attains celebrity by falling at the feet of his beloved. Such is the way of the world and such is the practice of this age. (5)

All worldly thoughts and desires have vanished

from my mind. I am filled with intense longing for Your Darshan. (6)

Lo ! my fortune has brightened, for my Surat has united with Guru's Holy Feet. Piercing the sphere of the moon, it forthwith entered Gagan. (7)

I withdrew inward and heard sweet celestial music. Both Hindus and Mohammedans appear heretical to me. (8)

Ghazal 2

अर्श पर पहुँच कर मैं देखा नूर ।
काल को मार कर मैं फूंका सूर ॥१॥

On reaching the Arsh (sky, heavens, Sahas-dal-kanwal), I saw light. I vanquished Kal and blew the trumpet. (1)

When my Surat began to ascend, I became oblivious of my body. I repaired to my original seat. (2)

Now I take out of the crowd those who are the lovers of the Beloved's lane. (3)

Listen with care to what I now say : Withdraw your Surat, elevate it and hear the resounding of Shabd within you. (4)

There are flower-gardens and Satsang within your head. Take stroll there and get dyed quickly

in the colour of Guru. (5)

Withdraw the spirit current from the pupils and do not open your eyes. Ascend and open the door of Ákásh (heavens). (6)

When your Surat ascends within, you will take stroll inside your body and witness the bloom of spring. (7)

It will be a wonderful stroll for you within. You will find the earth above and the sky below. (8)

Passing through Banknál, my Surat proceeded onward and reaching Trikuti, met Guru. (9)

How am I to describe the beauty of the red morning sun, each ray of which has the refulgence of a thousand suns. (10)

Proceeding further, my Surat reached Sunn and heard the melodious sounds of Kingrí and Sárangí (the fiddle and violin). (11)

Pools of Amrit (nectar) were visible on all sides. The denizens of that region, called Hansas, pick up and feed upon pearls. (12)

Leaving Sunn, I went further ahead and reached Mahásunn, from where the Shabd of Sohang can be heard. (13)

What should I say about that region ? He alone knows it who has been there. (14)

The whole passage is enveloped in darkness. It

can be crossed only in the company of Sat Guru. (15)

I crossed the vast expanse of Mahasunn in the company of Sat Guru. Seeing Him, Kal was stunned. (16)

My Surat ascended and rushed to Bhanwargupha and heard the sound of Sohang. (17)

Having witnessed the glory of this marvellous region, I opened the window and proceeded within. (18)

Further ahead, I rushed to Sat Lok and fed upon nectar. (19)

Higher up are the regions of Alakh and Agam, beyond which is RADHASOAMI Nam. (20)

This region is Akah, Apár and Anám (indescribable, infinite and nameless). Except Sants who else can have access there ? (21)

This place marks the end of all secrets and mysteries. All speech and description end here. I also follow suit. (22)

Ghazal 3

निज रूप पूरे सतगुरू का । प्रेम मन में छा रहा ॥
बचन अमृत धार उनके । सुन अमी में न्हा रहा ॥१॥

Love for the Nij Rúp (Real Form) of Sat Guru

pervades my heart. His discourses are like a current of nectar. As I listen to them, I bathe in ambrosia. (1)

Ever since I came in His Saran and placed the dust of His holy feet on my head, all the darkness and impurities of my mind vanished. (2)

His charming face, stately figure, graceful gait and majestic refulgence are piercing my heart. (3)

When I attended the Satsang of Sat Guru and heard His discourses, both the world and the worldly religions appeared false and flimsy and I did not at all feel sorry for missing them. (4)

The hidden mysteries of Pind, i.e., the human microcosm, unfolded themselves before me. By the grace and mercy of the perfect Guru, my task is being accomplished. (5)

When my Surat caught hold of Shabd, it at once ascended to Ásmán (heavens). It became fit to stay there. All griefs and sorrows were now gone. (6)

It went ahead catching hold of the sound. It reached Sahas-dal-kanwal and got acquainted with the secrets. (7)

It saw there the marvellous and novel bloom of spring. It developed intuition and was absorbed in bliss. (8)

Pain and suffering of recurrent births and deaths and also all troubles and miseries were gone. (9)

When I posed a question to Sat Guru, all inner secrets and mysteries were revealed to me. (10)

I left the mortal body. Kal, too, admitting defeat, kept away from me. (11)

As soon as I ascended to Ákásh (sky, heavens), all my Karams and activities came to an end. My Surat became the creator. (12)

When my Sat Guru became merciful to me, I went and met Him in His region and my separation from Him ended for good. (13)

What do the observers of rituals, followers of religious codes of conduct and the utterers of prayers know of this ? Only those who perform spiritual practices know the secrets and mysteries. (14)

The learned and the intellectual all remain ignorant. They know nothing of the inner secrets. (15)

The whole world remains steeped in doubts and delusions. They are Báchaks (quibblers), and are mere talkers, unable to meet the perfect Guru. (16)

They alone are fortunate who have met Sat Guru. All others will remain entangled in discussions and argumentations. (17)

Sat Guru Radhasoami has showered His grace and mercy on me. My luck for repairing to the Highest Region has now awakened. (18)

Ghazal 4

यह सतसंग और राधास्वामी है नाम ।
सरन आओ हे करमियों तुम तमाम ॥१॥

This is Radhasoami Satsang. Here, initiation is given in the secrets of Radhasoami Nám. Take Saran of Sat Guru, ye people given to outward activities. (1)

If you want to be a recipient of a benign look of Sat Guru, surrender your Surat and mind to Him. (2)

All are in a miserable plight here. If you want to save your self, do take Saran (refuge) of Sat Guru, O my friend ! (3)

Casting off all doubts and misgivings come under His Saran. Go on strengthening your love for and faith in Him. (4)

Knock at the door of Sat Guru and sweep the path of His devotees. (5)

Sacrifice yourself before Sat Guru as a moth does before the lamp. Sweep the dust of His throne with your eye-lashes. (6)

In His grace and mercy, Sat Guru may give you honey. If He thinks proper, He may give you poison. You should cheerfully and gratefully accept whatever He gives. You should drink it up and say, "Sat Guru be praised ! My Sat Guru be praised ! He shall surely redeem me from this thraldom." (7-8-9)

Masnavi 5

IN PRAISE OF SAT GURU

संत बचन हिरदे में धरना।
उनसे मुख मोड़न नहिं करना ॥१॥

Implant in your heart the words of a Sant. Do not turn away your face from Him. (1)

If you relish His words, whether pleasant or harsh, they will strengthen your faith. (2)

Mind not whether He speaks hot or cold. He will save you from hell-fire. (3)

Your understanding is very weak. Seek a perfect Sat Guru in the world. (4)

If you get a particle of true knowledge in His company, you will be able to subdue the devilish mind. (5)

A perfect Guru is like musk-bag; externally, He is flesh and blood like all other human beings, but within Him, lies the fragrance of musk. (6)

When He discloses the secrets and mysteries of घट 'Ghat' (the human microcosm), your Surat and mind will rush in rapture towards Nabh (high heaven). (7)

But to seek Hari (God) in stone (idol) will be as futile as a blind man's looking into a mirror. (8)

Do not proceed within without Guru because there will be many dangers and obstacles on the way. (9)

If Guru's protection be not with a person, Kal and Karam will beguile him. (10)

Come, therefore, under the protection of Sat Guru; the object will not be achieved through a false guru. (11)

Sat Guru like a mountain, casts His shadow on the earth. His Surat like a bird, soars high. (12)

Though your mind be hard as gravel or stone, it will become a jewel on coming in contact with Guru. (13)

A few hours' company of Guru is better than a hundred years' worship. (14)

If you want to see the Supreme Being, go and sit in the presence of Guru. (15)

A perfect Guru is the Son of the Supreme Being. He is the chosen One of Supreme Being. He is always in His presence. (16)

Know that a perfect Guru is all-powerful. He repels the arrows of Karams. (17)

A perfect Guru hears the Shabd (Word) of the Supreme Being. Take His words to be true. (18)

If you are a traveller of the inner path, take a fellow traveller, i. e., Guru, with you, no matter if He is a Hindu or a Musalman, an Arab or a Turk. (19-20)

Do not look at His figure or colour. Look at His purpose and intention with love and faith. (21)

True lovers of the Supreme Being are friendly to both Hindus and Mohammedans, but two Hindus will not be friends, if they indulge in the activities of the mind. (22-23)

Listen O brother ! Sat Guru is the Divine Sun hidden in the human body. (24)

The laughing pomegranate makes the garden laughing, gay and blooming. (25)

Similarly, company of the Perfect, makes you perfect. (26)

The Sewak (servant) of the perfect Guru is superior to all. It is nothing if he exercises authority over rulers and kings. (27)

Every moment his Surat ascends to higher regions. The Supreme Being lays a special crown on his head. (28)

Examine the exalted status of Guru internally. Do not believe in His eminence without perceiving it. (29)

If you do not realize the presence of Guru within you, do not proceed alone. (30)

The way is blocked by Kal. By making you hear his Shabd he will lure you to great trouble. (31)

Kal keeps on crying to the Abhyásí "Take my Saran, you will hear Shabd." (32)

He who becomes engrossed in Kal's Shabd, will

fail to reach his True Home and will be lost on the way. He will, rather, rush to Kal's house. Wolves and lions will devour Him. (33-34)

The test of Kal's shabd is that it gives rise to desires for riches, and name and fame. (35)

Do not pay attention to Kal's shabd. Then only will the secrets and mysteries of the Nij Ghar (True Home) be revealed to you. (36)

He in whom Divine Light is manifest is worshipped by gods and the virgins of the paradise. (37)

Behold the eyes and forehead of the Sadh. In Him dwells the refulgence and light of Sat (i. e., Sat Purush). Those who have Gyán (knowledge) in their hearts of the status of Guru, can recognize Him by those marks. (38-39)

Know that Guru is the Supreme Being. His Shabd is resounding without the help of tongue. (40)

It is He who is the physician and the teacher. Keep on listening to His Nád (Shabd) internally. (41)

Give up your love for bad company. Seek a true companion. (42)

Whoever associates with Sat Guru, imbibes the colour of Sat Purush. (43)

He who associates with a false guru, goes to hell and suffers terrific agonies. (44)

Great is the status and position of a Sant. He

alone will know it, who sacrifices his body and mind before him. (45)

A Sant does not take any notice of a person's manners and speech. He judges him by his internal feeling and condition. (46)

The hand of Guru is the hand of the Lord. Whether apparent or hidden, it is always with all. (47)

Very long and far-reaching is His hand ; it extends beyond the seven regions. (48)

If you want to keep your head intact, be meek and humble and come under the protection of Guru. (49)

Guru will protect you in every way. He will remove all obstacles put up by Kal. (50)

Do not accept the protection of a false guru. Be happy by surrendering yourself at the Holy Feet of Sat Guru. (51)

Those who do not associate with Sat Guru, suffer much and become subservient to Kal. (52)

Whoever comes under the shelter and protection of Sat Guru, has the Sun-Brahm at his feet. (53)

If you wish to repair to Nij Ghar, proceed in this way : Take Guru as your guide, even though you may be an adept in divination. (54)

Do your utmost not to turn your face away from

Guru. Delay not in engaging yourself in Sewa (service) and Abhyas (spiritual practice). (55)

Do not be complacent but always have fear lest you should incur the displeasure of the Lord. Do not be ashamed of worldly dishonour and disrespect. Detach yourself from the world. (56)

You will not be able to subdue the mind by your own efforts. It will die under the shadow of the perfect Guru. Therefore, O friend, catch hold of the hem of His garment and do not leave it but hold fast to it. (57-58)

If you grasp the Holy Feet firmly, you instantly come under the Nij Saran (special protection) of the Supreme Being. Perceive His grace and mercy every moment and see His gracious hand upon your head all the time. (59-60)

Make yourself dear to Guru. Ascending to Mán-sarovar, see your real form which is Surat. (61)

Put up cheerfully with the reproof, rebuke and admonition of Guru. Throw dust on flattery of fools. (62)

You will get the wealth of Parmarth from Guru. In His company, your Surat will emerge from under the stress of mind and matter, and your whole being will become Chaitanya. (63)

The perfect Guru is like a six-faced mirror. In Him resides and through Him sees the Supreme Being. (64)

Without Guru, no one can get Parmarth. One may try one's best but shall not reach Nij Ghar (Real Home). (65)

I have given this brief account of those who have met the Lord. (66)

The perfect Guru is like a lion who kills game. The rest live on His leavings. (67)

Keep quiet and take His Saran (refuge). Obey His commands and abide in His Holy Feet. (68)

Take Saran of the perfect Guru and become perfect yourself. Do not seek company of the vile, otherwise you will repent, beating your head. (69)

Those who bear insult and dishonour at the hands of Guru are better than those who cheerfully worship Hari (God) or regularly go through rituals and observances. (70-71)

God said to the prophet, "I cannot be found on the earth or in the sky or in high and low places. I do not abide in Arsh and Kursí (heaven and empyrean). I always live in the hearts of devotees. If you want to meet Me, go and beg of them." (72-73-74)

If you have realized the importance of Guru, you would cultivate humility and abide as dust of His Holy Feet. (75)

To look upon Guru as God is to mingle oneself into dust and efface one's self before Him (Guru). (76)

The image of the Unseen (God) reflects in him whose heart is cleansed of the values of the world. (77)

He who sees his own fault and deficiency, will make rapid progress in perfecting himself and reach the end of his journey. (78)

But that ignorant person who considers himself to be perfect, will surely lag behind on the path to the Lord. (79)

IN PRAISE OF ANHAD SHABD AND ON HOW TO ATTAIN IT

Take out of your ear the cotton-wool of delusion and apply your mind and Surat to Anhad Shabd. (80)

Then, hear Shabd with the ears of Surat. Call it Shabd (sound) or Internal Word or Voice. (81)

If I tell briefly of the music going on within, the souls of the dead will come up from their graves. Such is the internal music and song ! (82-83)

Listen to that internal sound attentively, but disclose not this secret to others. (84)

Bring the sky under your feet, O brave one ! Hear the Shabd coming from the higher regions. (85)

Know that the Shabd that draws you upward, is the sound coming from the High. (86)

While the sound that gives rise to desires in you is the sound of Kal, which beguiles Jivas. (87)

Lo ! This is what Sat Guru said, "I hear the sound of 'Haq' every moment". (88)

Your ears are sealed and plugged, you can never hear Anhad Shabd. (89)

I always hear the sound of 'Haq' within me. It cleanses and purifies my heart. (90)

Dig on and continue digging and making the path; and mind, you do not relax or be forgetful even for a moment till your last breath. (91)

The spirit entity is the Command, Secret and a Part of the Lord. It alway speaks, without a tongue. (92)

Alas ! You are entangled in the body, and do not hear the Holy Word of the Lord. (93)

The Beloved calls you day and night. But alas ! you do not hear His call (Shabd). (94)

His Word pervades everywhere. Open your ears carefully. (95)

Opening the ear is to withdraw your attention from external sounds. (96)

That Shabd (sound) is incessantly resounding within you. It is free from birth and death. (97)

The beginning and end of that Shabd are बे-हद be-had (beyond reckoning, that is, boundless and

limitless). Hence it is called अनहद an-had (without limitation). (98)

First came into being the reservoir of Shabd. The creation was evolved from it afterwards. (99)

If Shabd had not manifested itself, there would have been no creation. (100)

Hear that Shabd and enjoy its bliss. Forget egotism as it is the cause of suffering and punishment. (101)

How unjust it is my friend that you go out for a stroll in the garden ! You yourself are not less than beautiful lotuses. Turn inside and see the flower garden within yourself. (102)

Why do you labour in vain and suffer pain in search of empty musk-bags ? Engender love for the beautiful श्याम पद Shyám Pad* and turn within. You will enjoy the sweet fragrance. (103)

If you had no desire for the pleasures of the senses, then, who would have dragged you into this inn of thieves ? (104)

Your desires are the cause of pain and pleasure. Your mind itself is Kal and the net. Your attachment for the world calls you to come in the cycle of 'mine' and 'thine'. (105)

What have you set your eyes upon that you are becoming so negligent and careless ? Death is

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* Third Til, gateway to spiritual spheres.

hovering over your head. Open your eyes and see the shroud being made ready to wrap you in. (106)

From the गुरु दरबार Guru-Darbar comes this call within you every moment, "Give up desire for the world, and engender love in your heart for Guru, and come Home". (107)

I am suffering from the affliction of expectation and feel restlessness for Your Darshan. O my Darling ! kindly take pity on me and come to me just for a moment only." (108)

Last night Guru, the knower of inner secrets, said to me, "I will not conceal the secrets of Guru from you." (109)

Perform acts of devotion with humility. If you are harsh to the world, the world will be harsh to you. (110)

Shabd will not be audible to you if you are devoid of love and unacquainted with the secrets of Shabd. You should, therefore, engage yourself in Abhyas and devotion, O virtuous one ! (111)

Sound (Shabd) is coming all the time from higher regions. Why do you not listen to it ? Why are you getting lost in the world ? (112)

Whereabouts of the abode of Sat Guru are not known to any one. What is known is this much only that the sound of the bell is coming from there all the time. (113)

IN PRAISE OF NAM

When I got a glimpse of the splendid refulgence of the Holy Name, I sacrificed my heart and soul at the Name of Guru. The thirst of the thirsty was quenched by the current of Nam. Such is the nectar-like sweet water of Nam ! (114-115)

Make no difference between the Nám and the Námí (Supreme Being). The refulgence of Nám reflects the splendour of the Beloved. (116)

You will see the charming face of the Beloved if you daily and regularly rub your heart with Nám. (117)

If your heart is imbued with the remembrance of Nam, surely you are in the company of the beloved Lord. (118)

Associate with Nam, if you want to have Darshan of the Supreme Being. Union with Nam is union with the Supreme Being. (119)

You will get admittance into the Abode of the Lord if you soar high by the support of Nam. (120)

Never get tired of Sumiran of Guru's Nam. If you engender love for Nam, you will be blessed with the love of the Lord. (121)

LOVE AND ITS EFFECT

He, in whose Surat and mind there is love for Guru, is more lovable and charming than a flower in full bloom. (122)

Engender love for Sat Guru every moment, my friend. The apostles accomplished their task only in this way. (123)

Do not think that Haq cannot be found, He is the generous Giver. Nothing is difficult for Him. (124)

Blessed is he who gives away his wealth for the sake of love. He will soon be rewarded. (125)

He who first devastates his own dwelling, will become the recipient of the infinite wealth of Guru's Prem (Love of Guru). (126)

For worldly people is meant the kingdom of the world, and for devotees, the kingdom of God. (127)

Prem can pierce the sky. Prem can shake the earth. (128)

Prem can split the ocean. Prem can grind the mountain into dust. (129)

By Prem, the dead comes to life in a moment. By Prem, a king becomes a slave. (130)

By Prem, bitter things turn sweet. By Prem iron becomes gold. (131)

Prem can purify what is unholy. Prem can heal all pains. (132)

Prem can change a thorn into a rose flower. Prem can turn vinegar into wine. (133)

Light up the fire of Prem in your heart, and burn away the anxieties about Bhajan and devotion. (134)

The religion of lovers is distinct from all other religions. The Isht of lovers is the true Supreme Being. (135)

Disbelief in worldly standards and worldly gods constitutes the religion of a lover. The *summum bonum* of his life is to get Darshan of the refulgent form of the Beloved. If you become fearless in respect of the world, then there will be peace for you everywhere. (136)

Love is the spark which when kindled within one's heart, burns away all except the Beloved. (137)

When one is imbued with love, everything else is rejected. Only the Beloved remains, all else drifts away. (138)

All praise to thee, O Prem (Love). Thou art pure and transparent. Besides the Beloved, thou hast burnt out all else. (139)

Listen O Sadh ! I tell you the ways of Bhakti (devotion). Seek nothing from rich. (140)

How can the mysteries of the Supreme Being be revealed to those, and how can they be redeemed whose minds are full of desires for sensual pleasures ? (141)

Your mind is filled with hundreds of desires. That is why the light of the Lord is not reflected in it. (142)

You want the world, and also Darshan of the Lord. This is difficult. You are ignorant, my friend ! (143)

If the veil be removed from your eyes, you will feel sick and disgusted with the world. (144)

When you come to know of the deceptions of the world, you will run away from it. (145)

If you earn your bread by honest means, you will be able to apply yourself to Bhajan (spiritual practices) without difficulty. (146)

If you earn your living by honest means, you will be able to vanquish your mind, O excellent one ! (147)

Cast away from your mind everything except Guru. The Beloved will then take His seat in your heart. (148)

So long as there is egotism in your mind, the Lord cannot become your friend. (149)

When egotism disappears from your mind, you will meet the Lord and enjoy bliss. (150)

Sacrifice yourself at the Feet of the Lord. The Merciful Lord existed when you were non-existent. (151)

The secrets of the Lord are revealed to him who has detached himself from his body and mind. (152)

Close your eyes, ears and mouth, and the secrets of the Lord will be revealed to you. (153)

Worldly desires blacken the mind. Beg of Guru the Guru Himself. Do not entertain any other desire. (154)

The Lord loves you far more than you love Him. (155)

But, you fail to realize this. You do not know how He showers His grace and mercy on you. (156)

A greedy person feels no pangs of love. The burning of the moth in the lamp is not given to the fly. (157)

Everybody cannot be fortunate enough to have the wealth of Darshan of the Lord in one life. (158)

No matter if you worship an idol or fire, do come with whatever faith you have. (159)

Your mistakes and faults shall be forgiven hundreds of times. Do not despair of mercy from the Darbar of Sat Guru. (160)

Ghazal 6

प्यारे ग़फ़लत छोड़ो सर बसर।
गुरु बचन सुनो तुम होश धर॥

O my dear! Give up sloth. Listen to Guru's discourses carefully. Still the waves of the mind. Go and sit in the Satsang. (1)

Hold fast to the Holy Feet of Guru. Contemplate His countenance. Shake off the obstinacy of

your mind. Come and take your seat behind the eyes, that is, at the third Til. (2)

This world is like a dream. Whoever comes here, has to go. What to say about the condition prevailing here ? This dreadful Kal devours all. (3)

Why do you get deceived by wealth and property ? Know that this is all net spread by Maya. If you go and take the shelter of Sat Guru, your accounts with Kal and Karam will be effaced. (4)

Engender love for Sat Guru. Get initiated by Him in the sublime practices of Surat Shabd Yoga. Apply your mind and Surat to Dhun. (5)

You will behold the resplendence of Jyoti within yourself, and the red sun in Trikuti. Beyond Sunn is Mahá-kál. Cross it in the company of Sat Guru. (6)

You will hear the melodious sound of Murli (flute) ; you should then fix your attention on still higher regions. You will behold the grandeur of Sat Purush, and then go to Alakh and Agam. (7)

Anámi Dhám (Region of the Nameless Being) is the highest. You will behold IT when you are imbued with intense love. Place your head at the Holy Feet of Radhasoami. You will go on singing His praises. (8)

Rekhta 7

करो सतसंग सतगुरु का।
भेद घर का वहाँ पाओ॥

Attend Sat Guru's Satsang. You will come to know of the whereabouts of your True Home there. Engender faith in His holy feet. Rush and take His Saran in all humility. (1)

Live in this world carefully. Do not get caught in its net. Beware of your senses. Do not be deceived by worldly pleasures. (2)

Getting initiated by Guru in the secrets of Shabd, perform Abhyas daily. Giving up worldly thoughts and ruminations, rivet your attention on Shabd. (3)

Bring your mind under control tactfully. Contemplate Guru's form. Perform Sumiran of RADHASOAMI Nám all the time. Always sing the praises of Guru. (4)

Concentrate your mind and Surat on Gagan (higher regions) where the conch is blowing and the bell is ringing. Listen, then, to the Shabd of OM-kár. Next, ascend to Sunn and bathe in the Mánsarovar lake. (5)

Going to the fortress of Bhanwargupha, hear the Shabd resounding there. Then, be delighted on reaching Sat Lok. Next, proceeding beyond Alakh and Agam, ascend to Anami Dham (Abode of the Nameless Supreme Being). (6)

My darling Surat now meets Radhasoami. She praises her great good fortune. She has been wandering for innumerable lives. She has now got this wonderful chance. (7)

Masnavi 8

मैं सतगुरु पै डालूंगी तन मन को वार।
मैं चरनों में कुरबान हूँ बार बार ॥१॥

I shall sacrifice my body and mind before Sat Guru. I shall dedicate myself to His feet again and again. (1)

How am I to describe His immense kindness ? He has bestowed on me the gift of love and faith. (2)

When, by His grace, my eyes opened, I realized that the world is a place of deception. (3)

Everybody is filled with the desire for wealth, property and woman. All are in a miserable and wretched condition. (4)

They are victims of greed and desires, and find no peace anywhere even for a moment. (5)

They fear neither the Lord nor death. Nor do they ever try to find out the whereabouts of their original home. (6)

They toil hard for the world. They are slaves of wealth and woman, (7)

They remain engaged heart and soul in activities which are likely to earn popular applause. (8)

Their minds are full of desires for sensual pleasures. They apply their body and wealth to them. (9)

They have no respect for their parents, nor do they make any distinction between vice and virtue. (10)

They consider it a piece of good luck if they can get pleasures of mind and senses. (11)

If they get material objects, they feel delighted at heart and are puffed up with pride. (12)

They have no thought of what will happen to their soul after death, where it comes from, where it goes, who the Creator of the body and the soul is, and where He is. (13-14)

The so-called Parmárthís (religious-minded) are, in reality, out and out worldly-minded. (15)

Outwardly they are seen engaged in worship and recitation of holy books, and in listening to Bhágwat and Gítá. (16)

But these activities have no effect on their minds; they fear neither death nor hell. (17)

They go on pilgrimage and visit holy places with great enthusiasm. They keep fast and spend lavishly on charities. (18)

But while doing all these activities, they desire that their worldly objects may be fulfilled. (19)

If they have no worldly interest in view, they would not spend a penny. (20)

If anybody were to disclose to them the secrets of the Lord, they laugh at him and would not believe in what he says. (21)

Their minds are full of doubts and misgivings. They cannot escape the calamities resulting from ignorance. (22)

They do not accept the words of Sants, or weigh them impartially. (23)

Inwardly they are atheists, but, to fulfil their desire for wealth, they profess to be religious and devout. (24)

How can such Jivas be redeemed ? They will be roasted in the fire of hell. (25)

There they will wring their hands in regret and repentance. They will receive punishment for their actions. (26)

Nobody will help them, nor will anybody pay attention to their weeping and wailing. (27)

The Jama-doots (the myrmidons of the lord of hell) will torment such Jivas in various ways, such as putting serpents round their necks, tying them to burning pillars and throwing them into fire-pits. In utter pain, they will cry. They will undergo the consequences for their negligence in this manner. (28-30)

Observing this pitiable condition of Jivas, Sants have incarnated Themselves here in human form. (31)

In Their grace, They impart to Jivas the knowledge of the whereabouts of the Original Abode and graciously remove the sufferings of their Karams. (32)

They show them the way to the Original Abode and initiate them in the methods of Surat Shabd Yoga. (33)

The current of spirituality can be heard within everybody as sound. This internal or heavenly sound is called Shabd or Dhun or Nam. (34)

He who listens to the Dhun with love and attention, will one day attain his original home, beyond the three worlds. (35)

Now listen to the details of the seven stages of the journey, beyond and above the six ganglia (Chakras). (36)

The six ganglia are :— (1) Gudá Chakra or the centre at the rectum, (2) Indrí Chakra, at the genitals, (3) Nábhi Chakra, at the navel, (4) Hriday Chakra, at the heart, (5) Kanth Chakra, in the throat, and (6) the sixth Chakra, midway between the two eyes. This sixth Chakra or centre is the seat of Surat or spirit. Beyond it are the seven stages or regions of Sants. (37-39)

The first is Sahas-dal-kanwal, the second Gagan

(Trikuti), and the third Sunn, above which is the vast expanse of Mahá-sunn. (40)

Bhanwarguphá is the fourth region and Sohang is the name of its deity. Beyond it is the sublime region of Sat Lok. (41)

The sixth is the wonderful domain of Alakh Lok. The seventh, Agam Lok, is the seat of Sants. (42)

Beyond Agam Lok is the boundless and endless and the Ádi Dhám of the Supreme Being Radhasoami. (43)

It is indescribable and unfathomable and eternal. From here issued the Mauj (Current of Spirituality) and the Ádi Nád (Original Sound). (44)

No one knows this real secret. All got tired, and remained on this side of Gagan (Trikuti). (45)

All are entangled in rituals and observances and are not at all worried about the salvation of their souls. (46)

They are given to the worship of all kinds of gods and goddesses. They do not seek the True Lord, nor have they any love for Him. (47)

They remain lost in adherences to past beliefs. They are ignorant of the greatness and importance of Guru and Nám. (48)

If you want to attain true salvation, then, my friend ! you should immediately search for Sat Guru. (49)

Engender love for and faith in Him in your heart and listen attentively to His discourses. (50)

Take His Charnámrit lovingly, and banish your delusions by partaking of His Prashád. (51)

Attend His Satsang again and again and get yourself initiated in Surat Shabd Yoga. (52)

Perform Sumiran of RADHASOAMI, the Name of the most Supreme Being, with your heart and soul. (53)

Enshrine the form of Guru in your heart, and apply your Surat (spirit) and mind to the resonance of Shabd. (54)

Perform this Abhyas (practice) daily. All the evil tendencies of your mind will be eradicated. (55)

In a few days, you will have internal Darshan of Guru and hear Dhun (resonance) of Shabd (sound); your Surat and mind will be delighted. (56)

In this way you will receive internal bliss, and it will go on increasing day by day. Your mind will attain peace and tranquillity. (57)

After some time, you will be happy over the sure prospects of your true and complete salvation. You will be freed from the bondages of body and mind. (58)

Your love and faith will increase daily and your

mind will imbibe the colour of love for the Holy Feet of Guru. (59)

You will enthusiastically serve Sat Guru and will lovingly perform His Arti daily. (60)

You will receive the inestimable wealth of love, and, then, my friend, you will praise your good fortune. (61)

Now, this song of Updesh (advice) is finished. Whoever accepts it, will be extremely fortunate. (62)

If you perform this Abhyas lovingly and attentively Radhasoami will vouchsafe true and complete salvation to you. (63)

Recite RADHASOAMI Nám lovingly all the time. You will one day attain the Ádi Dhám (Original Abode), with His grace. (64)

Ghazal 9

आज सतगुरु की सरन ।
भाग से मैंने पाई ॥

I am fortunate to have received the shelter and protection of Sat Guru today. Shabd is resounding within me and the moon light pervades my entire inner being. (1)

I have discarded Karam and Dharam, knowing them to be illusory. Giving up adherences to past beliefs, I have engendered love for Guru. (2)

I drink nectar as I listen to the discourses of Sat Guru. By attending His Satsang, I have developed faith in Him. (3)

Getting initiated by Guru in Surat Shabd Yoga, I perform Abhyas and listen to the sounds of the bell and the conch. I behold the flame on going to Sahas-dal-kanwal. (4)

Ascending further, I hear the sound of Mridang (the drum) in Trikuti. I meet Hansas in Sunn where I listen to newer Rágnís (modes of music). (5)

Proceeding in the company of Sat Guru, I go and meet Sohang Purush. Sat Purush, in His grace, then enables me to hear the sound of Bín (the harp). (6)

After witnessing Alakh Lok, I see the refulgence of Agam Lok, further ahead. I then have Darshan of Radhasoami and rush to His Holy feet. (7)

Ghazal 10

आज सतगुरु के चरन में।
तू लगा ले नेहरा ॥

Develop affection for the Holy Feet of Sat Guru today. Attend His Satsang with zeal and attention. By His grace you will be rid of your wanderings in Chaurásí (cycle of eightyfour). (1)

Miss not the opportunity, darling ! Heed my advice with love and affection. (2)

Getting initiated by Guru in Surat Shabd Yoga, practise it day and night. Proceed towards your True Home now, giving up the feeling of 'mine and thine'. (3)

Firmly adopt the Saran of Radhasoami in your mind. He, in His grace, will take the raft of your life across the ocean of the world. (4)

Ghazal 11

आज मम भाग जगे ।
गुरु सतसंग आय मिली ।।टेक।।

My luck has brightened today; I have joined Guru's Satsang. On listening to Guru's discourses, I feel enriched and exalted. Full of joy and delight, I mingle with the loving devotees of Guru. (1)

Sat Guru graciously imparted me the secrets of the highest region. The goal of all other religions lies far below. (2)

Shabd is resounding within every Jiva. Listen to it day and night. Highly fortunate is he who hears it attentively. (3)

Contemplate Guru's form. Listen to the resonance of Shabd within. Witness the resplendent flame

in Sahas-dal-kanwal beyond the third Til. (4)

Going to Trikuti, you will get wonderful Darshan of Guru. All the strength of Maya and Kal will be exhausted here. (5)

Your Surat will then go to Bhanwargupha, beyond Sunn. She will listen to the sounds of the Murli (flute) and the Bin (harp). She will be nurtured by Sat Purush. (6)

Darling Surat will proceed further after having acquainted herself with the secrets from Guru. She will get Darshan of Radhasoami and repair to the Original Abode. (7)

Ghazal 12

आज प्यारी तू समझ सोच के ।
कर काम अपना ॥टेक॥

O darling ! Carefully attend to your own task today. Why do you toil and moil in this world ? This is not your own region. Meet Sat Guru and find out from Him the secrets of your True Home. (1)

In this world, you have no benefactor other than Guru. He, in His grace, will acquaint you with His True Name. (2)

Sat Guru will initiate you into the secrets of Shabd and methods of Shabd practice. You should

regularly perform Abhyas in the morning and evening. (3)

Take Saran of Radhasoami and proceed towards your True Home. Constantly fill your goblet with the nectar of His holy feet. (4)

Ghazal 13

आज आनन्द रहा
मौज से चहुँ दिस छाई ॥

By Mauj, bliss pervades all round today. All sing the glory of Radhasoami in a chorus. (1)

By the grace and mercy of Guru, such a pleasant occasion has arisen, seeing which, all have become glad. (2)

Nuptial music is being played all round. Many Rágas and Rágnís (modes of music) are being melodiously and enthusiastically sung. (3)

Expressions of joy and delight are echoing everywhere. The sky, too, roaring loudly, is showering nectar. (4)

All are offering congratulations with mounting zeal and fervour. Radhasoami, in His special grace and mercy, vouchsafes succour and protection to all. (5)

Ghazal 14

आज हंगामये शादी का
गरम हो रहा देखो हर जा ॥

See how all places are agog with the tumult and excitement of marriage today. All should express their thankfulness for the grace and mercy of Radhasoami. (1)

Full of joy and delight, Hansas and Hansnis are offering congratulations. Feeling of happiness is being conveyed from the heavens, too. (2)

By the grace and mercy of Radhasoami, may this blessed pair remain happy in the remembrance of the Holy Feet, and sacrifice their minds. (3)

Ghagal 15

आज गुरु प्यारे के चरनो में झलकती है
अजब मेंहदी की लाली ॥टेक॥

The wonderful orange-red hue of Mehndi* is being dazzlingly reflected from the Holy Feet of the Beloved Guru today. O, see the wonderful orange-red hue of Mehndí on His holy feet. The palms of His hands, too, have been dyed red, and unique is the sight of His charming countenance. (1)

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* the Henna plant whose powdered leaves beaten up with Catechu and made into a paste has a reddish-orange colour.

Sakhís (friends, Sat-Sangis) are coming from their homes with flowers and flower-garlands in their hands. They have dyed the palms of their hands with Mehndí paste. (2)

Red hue pervades Guru's mansion, seeing the refulgence of which the dark coloured Maya is left below. (3)

The Surat-bride has, very fortunately, formed a pair with Guru as bride-groom. On receiving the grace and mercy of Radhasoami, she now proceeds to her True Home. (4)

Ghazal 16

आज धुन अनहद बाज रही है।
अधर चढ़ सूरत गाज रही है ॥१॥

Anhad Shabd is resounding today. Surat, on ascending to Adhar, is creating a tumult. (1)

Witnessing the dazzling refulgence of the flame within, she is extremely delighted and praises her great good luck. (2)

While listening to the Shabd of OMkár in Trikuti, she gets wonderful Darshan of Guru. (3)

True moon-light is shining in all its glory in Sunn and the Rárang Shabd of Akshar is resounding loudly. (4)

After listening to the sounds of the flute and the

harp, Surat gets glimpses of the majestic form of Radhasoami. (5)

Ghazal 17

न जग में चैन और न स्वर्ग सुख है

No peace in world nor pleasure in heaven
Nor is bliss eternal in Brahmand even.
As far as Maya's sway exists
That far Jama's noose persists.

All wander in this world lured by objects of pleasure and misled by the senses. Who is now going to liberate them from this predicament ? Jivas have indeed become utterly debased. (1-2)

They adhere to past beliefs and remain stuck in rites and rituals. They do not accept the methods of Surat Shabd Yoga. Alas ! The whole world is blind. (3)

So long as the Jiva does not come in contact with the Beloved Guru, he will not be rid of the evil tendencies of the mind. He will neither recognize Surat nor adopt Shabd, but will remain tied to worldly bondages. (4)

Awakening yearning and love within, rush to Guru's holy feet and attend His Satsang with love and affection. Reversing your Surat, apply it to Shabd. You will then ascend and pierce the portal of the Pind. (5)

Guru, in His grace, will elevate your Surat and will enable you to hear the wonderfully melodious sounds of Sunn. He will pay off the debt of your Karams and acquaint you with the whereabouts of your True Home. (6)

From there again, He will elevate you still higher and enable you to listen to the sounds of Sat Lok, Alakh Lok and Agam Lok. He will take you to the Beloved Radhasoami and grant you the banner of Bhakti (devotion). (7)

Ghazal 18

लगे हैं सतगुरु मुझे पियारे।
कर उनका सतसंग शब्द धारे॥

Sat Guru is now extremely dear to me. I attend His Satsang after receiving initiation in Shabd practice. All the evil propensities of my mind are now gone. How am I to describe the supremely exalted status of Guru ? (1)

I apply my Surat to Shabd all the time and listen to the loud reverberations of Shabd full of joy and delight. All the ego of my mind is thereby removed. Who can hear such voice of heaven within ? (2)

My love and affection for Guru is increasing day by day. My Surat is constantly getting separated from the mind. I sing Guru's glory and

eminence every moment. I remain absorbed in Guru's holy feet all the time. (3)

Jivas of the world are all unfortunate. They are going astray under the influence of the mind and the senses. Who can extricate them from the net they are caught in ? They do not care to hear about Sant Mat with care and attention. (4)

My great good luck has awakened. I have contacted the Holy Feet of Radhasoami. All Jivas, on the other hand, sing the tune of Maya. Yogís and Yatís (continent persons) stop exhausted on the way. (5)

Ghazal 19

मन की मत मान के पछताओगे ।
नज़रे मेहर से गिर जाओगे ॥१॥

You will have to repent if you follow the dictates of the mind. You will be deprived of the favour of the benign and merciful glance. (1)

Do not be led astray. Remain careful and alert in the world. Otherwise, you will have to knock at Kal's door. (2)

How will you account for your action when you are hauled up before Dharam Rai, the lord of justice ? You will then be at your wit's end. (3)

Grasp Guru's holy feet forthwith. You will be saved if you take His Saran (refuge). (4)

If you do not pay heed to these words of advice, Kal will deal with you harshly. You will shudder at the sight of Jama-doots (myrmidons of death). (5)

You will suffer great pain and misery in the cycle of Chaurasi if you allow yourself to be led by Maya. (6)

Utter RADHASOAMI Nam with your Hiyá (heart). You will then be saved from all pains in the twinkling of an eye. (7)

Ghazal 20

जुड़ मिल के हंस सारे।
दर्शन को गुरु के आये॥

Hansas have gathered for the Darshan of Guru. A wonderful mansion has been erected, whose glory cannot be adequately described. (1)

When they performed Guru's Arti, great pomp and splendour was in evidence. All thanked their great good fortune. It was a most pleasant occasion for all. (2)

All recited Shabds in a chorus, with love overflowing in them. They aroused ever-new zeal

and fervour. It was joy and happiness all round. (3)

The bell rang, the conch blew, the drum and the tambourine beat, the violin, the Sitar (a kind of guitar) and the harp were playing and there were melodious notes of the flute. (4)

The merciful Guru was pleased. He attracted all to His holy feet. They made an offering of their body and mind to Him. They took the shelter of Radhasoami. (5)

Masnavi 21

करूं संत मत का मैं थोड़ा बयाँ ।
वही सत्त मत है़गा अंदर जहाँ ॥१॥

I give a brief description of the religion of Sants, which is the only true religion in the world. (1)

It is called the sublime Radhasoami faith. It confers true salvation on Jivas. (2)

Beyond all is the Dhám (Abode) of the Lord Absolute. He is Param Purush (the Supreme Being). His Name is RADHASOAMI. (3)

This is His true and real Name. It is resounding at all times in the innermost recesses of all beings. (4)

Whosoever recites this Name with love, shall attain true salvation. (5)

But the knowledge of the secrets and subtleties of the Faith is essential. Without it the task will not be completed. (6)

A current issued forth from the feet of SOAMI. It is the Prime Current and the Creator of the entire creation. (7)

The Name of that ÁDI DHÁRÁ. (Prime Current) is RÁDHÁ. THAT alone is the doer and dispenser of every activity. (8)

The Source or Origin or Fountain-head from whom the Prime Current emanated, is ÁDI SOÁMÍ (Absolute Lord) of all. (9)

Where that current halted in its descent, the creation of Agam Lok was brought into being. (10)

Agam Lok is a vast sphere. It encompasses all the creation. (11)

The entire creation below is being cradled just in a small nook of Agam Lok. (12)

On completion of the creation of Agam Lok, a current issued forth from there. (13)

It descended and halted, and evolved the creation of Alakh Lok. (14)

When the sphere of Alakh Lok was formed in the above manner, the current descended, and created Sat Lok. (15)

Sat Lok is the Dham (Abode) of Sat Purush, and is inhabited by Hansas. (16)

Each of the Hansas has a dweep (island) to himself. They are absorbed in the Darshan of Sat Purush. (17)

Up to here is the creation of Sat (Truth) or pure spirit. Neither Maya nor cruel Kal exists here. (18)

There is neither any desire nor any work. All are absorbed in the Darshan of Sat Purush and feed on Amí (ambrosia). (19)

All live in perfect harmony and enjoy rapturous bliss. There is no trace of pain and anguish due to Kal and there is no burden of Karam. (20)

For a considerable period of time the creation remained like this — a region of Truth and pure bliss. (21)

Then, from the lower portion of Sat Pur (Sat Lok) emanated a Shyám (blue) current. It came down and underwent considerable expansion and ramification. (22)

It remained constantly engaged in the Sewá (service) of Purush but, inwardly, it was cherishing some other desire. (23)

It disclosed its mind thus, "O Sat Purush ! O Merciful One and Giver of all things ! Grant me the sovereignty of a separate region, and furnish me with the seed of Surat. Life here is not suited to me. Your region is not agreeable to me." (24–26)

Hearing this, Purush replied, "Get out from this

place. You are a nuisance here. Go and evolve a creation for yourself in the lower part of the pre-creational neutral zone. Take your seat there and rule over that dominion." (27-28)

The name of that current is Niranjan. It has all the characteristics of Kal. (29)

Purush evolved another current with a yellow hue. Its name is Ádyá. (30)

By the order of Purush, this other current was sent down. It associated with Niranjan. (31)

In Sunn, they came to be known as Purush and Prakriti, and in Trikuti, as Maya and Brahm. (32)

They halted in Sahas-dal-kanwal, from where the three Gunas (qualities) came into being. (33)

Here, Ádyá assumed the form of Jyotí, and Niranjan assumed a dark blue complexion. (34)

They first brought into being ब्रह्म सृष्टि Brahm-srishti. Then, the creation of Trilokí (three worlds) was evolved. (35)

Niranjan then engaged himself in Dhyan (contemplation) of Purush (Sat Purush). Jyoti took upon herself the burden of looking after the creation. (36)

The three Gunas or gods became her assistants. They evolved the rest of the creation. (37)

Masnavi 22

करूं पहले महिमा गुरू की बयान ।
किया जिसने रहमत से पैदा जहान ॥१॥

First, I describe the glory and eminence of Guru who very mercifully brought the creation into being. (1)

He is Param Guru (Supreme Spiritual Guide) and Param Purush (Supreme Being). Radhasoami is His Name. His Dhám (Region) is the wonder of wonders. (2)

He took me under the shelter of His Holy Feet and initiated me in Surat Shabd Yoga. (3)

It was by His Dayá (grace and mercy) that such an opportunity presented itself to me. I wish His hand of grace and mercy be always with me. (4)

I lovingly recite RADHASOAMI Nám every day. One day I will gain admittance into the Original Abode. (5)

Masnavi 23

अहो मेरे सतगुरु अहो मेरी जान ।
अहो मेरे प्यारे अहो मेरे प्रान ॥१॥

O my Sat Guru ! O my life ! O my Beloved ! O my breath ! Cast your glance of grace and mercy

on me now and rescue me from the clutches of Jama (Kál). (1-2)

Extricate me from the net of Kal. Release me from the entanglements of Maya. (3)

I am restless for Your Darshan day and night. I suffer pain in the company of the mind and the senses. (4)

Pleasures of the world agitate me all the time. The five evils add fuel to fire. (5)

How can my task be accomplished without Your Darshan ? Who can help me but Your grace ? (6)

O Merciful Generous Giver ! Hear my prayer. Enrich me today by granting me Your Darshan. (7)

If You wish, You can shower Your mercy on me instantly. Nothing is difficult or impossible for Your Graciousness. (8)

Why have You now become harsh to me ? I sacrifice myself before You, O releaser from captivity ! (9)

You have the appellation of the Merciful One from time immemorial. Why do You not now accomplish my task ? (10)

I again and again submit my prayer to Your Holy Feet. O Merciful ! Grant my prayer without delay. (11)

Bless me with Your Darshan and elevate my

Surat to higher regions. Enable me to hear melodious Dhuns. (12)

Remove all my pain and suffering. O Munificent and Merciful One ! Make me fearless. (13)

Running away from the world, I have taken Your Saran. My honour is now in Your hands. (14)

I am a worthless son, but I am Yours. Make me Your worthy son. (15)

I am full of blemishes from top to bottom. But now save me by taking me in Your shelter. (16)

O Radhasoami ! Cast a glance of mercy on me. Redeem me somehow. (17)

There is no place for me except in Your Holy Feet. There is no helper but You. (18)

I am a child who has taken Your Saran. Protect me. Show me Your Nij Charan (Holy Feet). (19)

I am burning in the fire of Virah(pangs of separation from the Beloved) day and night. Without Your Darshan, I am not at ease even for a moment. (20)

I am ashamed of my sins. Pardon me, pardon me, I am Your humble slave. (21)

Had I not committed sins and faults, how would have Your pardon got an occasion to move ? (22)

I am an unworthy son, there is no denying the fact, but my Beloved ! if at the same time,

You show mercy, there is nothing unusual about it. (23)

O Merciful ! Pardon my faults. Take my wretched and pitiable condition into consideration. (24)

Faults come to be committed by me because of my implicit faith in Your mercy. O Gracious Huzur ! Forgive me, pardon me. (25)

I am Yours, and You, indeed, are mine. I pray, the relationship of Father and son should be maintained un-impaired. (26)

You are Father. I am like a child. Now grant me Your mercy, knowing me to be humble and feeble. (27)

Whomsoever You attracted to Your Feet, You looked after him by extending to him Your helping hand. (28)

When You grant salvation even to calumniators, how can You leave me in the region of nine apertures ? (29)

O Merciful One ! I beg for mercy, I beg for mercy, I beg for mercy, mercy, again and again mercy. O Beloved Radhasoami ! redeem me post-haste. (30)

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BACHAN 40

VIRAH (YEARNING)

Shabd 1

आज सतसंग गुरु का कीजे ।
दीखे घट बिमल बिलासा ॥टेक॥

Attend Satsang of Sat Guru today and witness unalloyed scenes and spectacles within you. Worldly entanglements are a source of pain and sorrow. Why do you waste your life on them ? Adopt the Saran of Sat Guru. Aspire for the Holy Feet of Radhasoami. (1)

Implant Guru's discourses in your heart. Practise Surat Shabd Yoga. Give a constant fight to Mana and Maya. You will then witness wonderful spectacles. (2)

Enhance your love for the Holy Feet of Guru. Elevate your mind and Surat to higher regions. Adopt the Saran of Radhasoami. You will then find location in the Original Abode. (3)

Relying upon the grace and mercy of Guru, rush to Trikuti. Then, after proceeding to the region of Sat Nam, find abode in the Holy Feet of Radhasoami. (4)

Shabd 2

आज मेघा रिमझिम बरसे ।
हिये पिया की पीर सतावे ॥टेक॥

Clouds are showering rain in a constant stream today. Pangs of separation from the Beloved are tormenting me. The Beloved abides in a far-off region while I am in Kal's domain. All day and night I am in state of expectation that somebody would come and take me to the Beloved. (1)

When the Papíhá calls out "Piú", "Piú" (beloved, O my beloved), I am reminded of my own Beloved, my most dear One. The fire of yearning then rages within me. Who but the Beloved can quench the fire of yearning ? (2)

I have now met Sat Guru, my great Benefactor. He conveyed to me the message of the Beloved, explained the secrets of the path and elevated my Surat along the current of Shabd. (3)

Finding me humble and meek, Guru bestowed His unbounded grace and mercy on me. He ferried me across the ocean of the phenomenal universe. My Surat felt more and more delighted as it ascended higher and higher within. (4)

Listening to the resonance of Shabd, my Surat proceeded to Adhar, witnessed the regions of Sat, Alakh and Agam and then beheld the majestic form of beloved Radhasoami. It

now sings the glory of Radhasoami all the time. (5)

Shabd 3

आज गरज गरज घन गरजे ।
मेरा जियरा सुन सुन लरजे ।।टेक।।

There is a constant rumbling of the clouds today, hearing which, my heart trembles. Dark clouds hover all round, sending down showers of ambrosia. There are brilliant flashes of lightning. Without the Beloved, my heart is seized with intense yearning. (1)

Sat Guru disclosed to me the whereabouts of the Beloved and explained to me how to proceed on the path. If I constantly enhance my love for Sat Guru, I will be able to behold the region of the Beloved. (2)

Mad, as I am, with the pangs of separation from the Beloved, I, on getting the secrets and details of the path, sacrificed my body, mind and wealth and proceeded to Trikuti and touched the Holy Feet of Guru. (3)

From there, too, I proceeded further ahead. I beheld the elegant form of Sat Purush in Sat Lok. I went beyond Alakh and Agam and felt delighted on getting Darshan of Radhasoami. (4)

Shabd 4

मेरे तपन उठत हिये भारी ।
गुरु प्रेम की बरषा कीजे ।।टेक।।

An intense fire of yearning is raging within me, O Guru ! Do send down showers of love. Fire of yearning is constantly aflame within me. How can I behold Guru's charming countenance at the third Til ? My life so far has been wasted in quarrels and wrangles. O Guru ! Now do grant me your Darshan. (1)

Without Darshan, I feel very much upset at heart. Worldly pleasures no longer hold any charm for me. Nothing pleases me now. My body is withering away every moment. (2)

O Guru ! Now do shower Your unbounded grace. Grant me intense love for Your Holy Feet. May I daily have Your Darshan, for then only will my Surat be drenched in the colour of love. (3)

You are Radhasoami, the Omnipotent and most munificent Being. Take me, too, under Your shelter. May I remain drenched in the bliss of Your Holy Feet. Take my Surat in Your Saran. (4)

Shabd 5

क्यों जग में रहे भरमानी ।
मिल गुरु से घर को चलना ।।टेक।।

Why do you wander about in this world ? Meet Guru and proceed to your True Home with Him. This is an alien region, O brother ! Darkness prevails here all the time. Besides, Kal and Karam are always there to beguile you, and you are constantly rotting away, enjoying sensual pleasures. (1)

Witness the glory and splendour of Satsang. Have faith in Guru's Holy Feet. Aspire for your True Home. Do not get roasted in the furnace of the world. (2)

Enshrine love for Guru in your heart. Cast off all worldly hopes and desires. Beat up and dash to the ground the Doots of Jama (myrmidons of death). Crush Mana and Maya every moment. (3)

Get initiated in the precious methods of Surat Shabd Yoga. Make Guru's Name your prop and support. Gut asunder the net of Karams. Ascend within as you listen to the resonance of Shabd. (4)

Behold the refulgence of Trikuti. Proceed to Sat Lok and take strolls there. Engender love and affection for Alakh and Agam. Then, go and meet Radhasoami. (5)

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Shabd 6

क्यों सोच करे मन मूरख।
प्यारे राधास्वामी हैं रखवारे ॥टेक॥

O ignorant mind (Jiva) ! Why do you worry ? Beloved Radhasoami is your protector. When you were born, He arranged milk for your feed and had your mother bring you up. He took care of you in every way and attracted you to His Holy Feet. You remained stuck in the nine orifices. (1)

He provided you with all the pleasures of the senses and showed you the transitory nature of the world. He then drew you to Satsang and gave out to you the secrets and mysteries of the Nij Ghar (True Home). By His grace and mercy, go up and open the tenth door. (2)

He improves your understanding by His discourses. He lets you examine the true nature of the mind. Enabling you to give up your entanglements, delusions and adherences to past beliefs, He applies your Surat to Shabd. Ascend to higher regions and see beautiful scenes. (3)

He makes the bell and the conch audible to you in Sahas-dal-kanwal. He shows you the splendour of Guru in Trikuti. See moon light in the expanse of Sunn, and, reaching the perfect region beyond Bhanwargupha, perform Arti of Sat Guru. (4)

Taking a telescope from Sat Purush, proceed to

Alakh and Agam. Beyond lies the infinite Radhasoami Dham. Behold IT and be enriched. Place your head at His Holy Feet. (5)

Shabd 7

क्यों अटक रही जग प्यारी ।
या में दुख भोगे भारी ॥टेक॥

O dear ! Why do you remain entangled in this world ? You suffer a lot of pain here. You have no true friend or companion here. All are with you only to serve their own selfish interests. Why do you allow yourself to be deceived by them ? Why are you carried away by sensual pleasures ? You have to suffer punishment from Jama and Kal. (1)

Mingle in Satsang with love and affection. Enhance love for Guru's holy feet. Listen to Guru's discourses and act up to them. Contemplate the form of Guru within. Adopt the ways of Guru Bhakti (devotion to Guru). (2)

Receive initiation in Surat Shabd Yoga from Guru. Perform Abhyas regularly. Withdraw your mind, senses and Surat and you will then witness beautiful scenes within. Be the recipient of immense mercy of Guru. (3)

Guru casts aside all your Karam and Bharam, removes the evil propensities of your mind, rids you of your adherences to past beliefs and

then shows you the unique Abode. You should realize His supremely exalted position and status. (4)

Adopt the Saran of Radhasoami. Proceed to higher regions in the company of Guru. Witness Jyoti (the flame), the sun and the moon. Meet Alakh and Agam. Be dedicated to the Holy Feet of Radhasoami. (5)

Shabd 8

सुन री सखी मेरे प्यारे राधास्वामी ।
आज अचरज बचन सुनाय रहे री ।।टेक।।

Listen, O friend ! My beloved Radhasoami is giving out wonderful discourses today. Hearing them, all have become enraptured and are getting oblivious of their body and mind. (1)

Grace and mercy are being showered incessantly and clouds of love are hovering all round. (2)

Listening to the ringing of Shabd within, all are arousing fresh zeal and enthusiasm in their hearts. (3)

They feel delighted as they perform Guru's Sewa. They dedicate their body and mind to Him. (4)

They sacrifice themselves before Radhasoami. They sing His praises in a chorus. (5)

Shabd 9

सुन री सखी मेरे प्यारे राधास्वामी ।
आज अद्भुत दरश दिखाय रहे री ।।टेक।।

Listen, O friend ! My beloved Radhasoami is enabling us to have a wonderful Darshan today. All beings are getting charmed as they have His Darshan. They are fixing their gaze at the countenance of Guru. (1)

How am I to describe His wonderfully elegant form ! Innumerable suns and moons are turning pale in comparison. (2)

Whoever has had Darshan of my beloved Guru, has been praising his great good luck. (3)

What do worldly Jivas know of His glory and eminence ? They are being led astray by Karam and Dharam. (4)

Come, O Jiva, come under the shelter and protection of Radhasoami who is showering His grace and mercy in abundance. (5)

Shabd 10

सुन री सखी मेरे प्यारे राधास्वामी ।
आज नई धुन घट में सुनाय रहेरी ।।टेक।।

Listen, O friend ! My beloved Radhasoami is enabling me to hear some new Shabd today. On

hearing it, my Surat has become absorbed in bliss. Kal and Karam are feeling sad and morose. (1)

Both the mind and Surat are partaking of the bliss. They now rush towards Gagan (Trikuti). (2)

They frolic with Hansas all the time and bathe in Mánsarovar lake. (3)

Proceeding higher, Surat meets Sat Guru's devotees. She pervades the entire region near Bhanwar-gupha. (4)

Listening to the resonance of Shabd, she goes where beloved Radhasoami is giving His most wonderful Darshan. (5)

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Shabd 11

सुन री सखी मेरे प्यारे राधास्वामी ।
मोहिं प्यार से गोद बिठाय रहेरी ।।टेक।।

Listen, O friend ! My beloved Radhasoami has affectionately taken me in His lap. I am lowly, debased and worthless. He, in His grace, is making me His own. (1)

He has attracted me to His Satsang and is teaching me the ways of Bhakti (devotion). (2)

Giving me His own strength, He is enabling me to perform His Sewa. He is protecting me every moment. (3)

He has imparted me the secrets of Shabd and initiated me in Surat Shabd Yoga. He is elevating my Surat within. (4)

How am I to express my thankfulness to Him ? Each and every pore of my body is singing His praises. (5)

He saves Jivas by granting them the shelter and protection of His holy feet. Kal and Karam are being put to shame. (6)

He accomplishes the task of all those who come and take the Saran of His holy feet. (7)

What can the feeble Jivas do ? He, in His grace, is liberating them. (8)

Radhasoami, who is the supremely eminent Guru and all-powerful, is showering His grace and mercy on one and all. (9)

Shabd 12

सुन री सखी मेरे प्यारे राधास्वामी ।
मोहि मेहर से अंगवा लगाय रहे री ।।टेक।।

Listen. O friend ! My beloved Radhasoami has graciously embraced me. On attending His Satsang, my faith has been strengthened and I have developed deep love for Him. (1)

I sacrifice myself at the Holy Feet of Radhasoami.

All are singing in praise of His grace and mercy. (2)

My mind and Surat perform Shabd practice and constantly rush in the direction of Trikuti. (3)

By mercy, my Surat goes to Sat Lok and has Darshan of Alakh and Agam. (4)

My Surat, elegantly embellished, repairs to Radhasoami Dham, and frolics with Him in the True Mansion. (5)

Shabd 13

सुन री सखी मेरे प्यारे राधास्वामी ।
आज प्रेम रंग बरसाय रहे री ।।टेक।।

Listen, O friend ! My beloved Radhasoami is showering the colour of love today. Loving devotees have gathered and are praying to Him in various ways. (1)

O beloved Guru ! Grant us the gift of Your love. All are restless at heart. (2)

Granting our prayer, beloved Radhasoami, the Giver of all gifts, is elevating our Surats within. (3)

On hearing the resonance of new Shabd within, all are singing 'Glory, all glory to Radhasoami' ! (4)

Shabd 14

सुन री सखी मानो कहन मेरी।
चलो गुरु संग खेलो फाग आज ।।टेक।।

Listen, O friend ! Heed my advice. Let us go and play Phág (Holi) with Guru today. How long will you remain lost in the sleep of infatuation ? Meet Sat Guru and wake up today. (1)

Attend His Satsang with love and affection. Your dormant luck will awaken now. (2)

Getting initiated in Surat Shabd Yoga, take your seat within and listen to the music of Anhad Shabd. (3)

Relying upon the grace and mercy of Guru, ascend to Adhar and kill the black cobra this very day. (4)

Adopting the Saran of Radhasoami in your mind, run away from Maya's domain now. (5)

Meet Hansas and play Holi with them. Give up the company of crow-like evil Jivas. (6)

Beyond Sat Lok, Alakh Lok and Agam Lok, unite with the Holy Feet of Radhasoami today. (7)

Shabd 15

चलो री सखी आज गगन पुरी।
जहँ गुरु प्यारे फाग रचाय रहे री ।।टेक।।

O friend ! Let us go to Gagan Puri (city of Gagan, Trikuti) today where the beloved Guru is playing Phág (Holi). Guru as well as all Satsangis are playing Holi. They are making the colour of love flow in torrents. (1)

Going further ahead, witness the city of Sunn where Hansas and Hansnís are singing, Shabd is giving rise to a tumultous sound and the current of ambrosia is dripping. (2-3)

After going above Mahá-sunn, behold Bhanwar-gupha where the melodious sound of the flute is audible. (4)

On reaching Sat Lok, I have Darshan of Sat Purush and hear the sound of the wonderful Bín (harp). (5)

I then become absorbed in the Holy Feet of Radhasoami in the region at whose entrance lie the regions of Alakh Lok and Agam Lok. Love reigns supreme there, producing a state of conscious and rapturous bliss and that region overflows with grace and mercy all the time. (6-7)

Radhasoami is my Father, my Mother and my Husband. He affectionately takes me in His lap. (8)

Shabd 16

अचरज आरत गुरु की धारूँ ।
उमंग नई हिये छाय रही री ।।टेक।।

I perform a most wonderful Arti of Guru. Fresh zeal and enthusiasm pervade my heart. Satsangis, full of joy and delight, join in large numbers. Satsangins are filled with tremendous zeal and fervour. (1)

An amazing atmosphere has been created, which baffles description. Songs of bliss and joy are being sung all round. (2)

Many kinds of garments and victuals have been brought seeing which, Satsangis are filled with love and delight. (3)

Their joy and ecstasy are constantly increasing. They are showering money, flowers and fruits all round in a spirit of dedication. (4)

The Arti has created a great tumult. Many Jivas are now coming from all directions. (5)

The entire assembly is in a state of transport and ecstasy. All are singing songs of congratulation enthusiastically. (6)

Witnessing such new scenes of splendour, all Jivas are amazed and astounded. (7)

Being pleased, Radhasoami Dayal is showering His unbounded grace and mercy. (8)

He, in His grace, accomplishes the task of Jivas, Himself enabling them to make spiritual endeavours. (9)

Enabling them to perform His Sewa by His grace

and mercy, He is awakening their Parmárthí Bhág (luck for spiritual welfare). (10)

He, in His grace, is constantly enhancing love in the heart of every Jiva. (11)

Shabd 17

प्रेम भरी भोली बाली सुरतिया।
पल पल गुरु को रिझाय रहीरी ॥१॥

The simple and guileless Surat, imbued with love, is pleasing the Guru every moment. (1)

Having become meek and humble, she has joined Satsang, and feels thrilled with joy on hearing Bachans. (2)

With love and affection, she clings to Guru's holy feet and implants His elegant form in her heart. (3)

On being initiated in Surat Shabd Yoga, she feels extremely delighted and concentrates her Surat on Shabd. (4)

Realizing Guru's mercy within, she sings His praises with ever increasing zeal and fervour. (5)

Love is now enhanced in her heart and she makes a sacrifice of her body and mind. (6)

Guru's Satsang is dear to her. She rushes to Him all the time for His Darshan. (7)

The lotus of her heart blooms like the fish feeling elated at the sight of water. (8)

She frolics and blossoms forth like a flower in Guru's company and begs for His grace and mercy all the time. (9)

She dances and sings in the company of loving devotees, oblivious of all sense and understanding. (10)

Radhasoami Dayal has graciously made her His own. She arouses ever new love within. (11)

Shabd 18

प्रेमी जइयोरे सतसंग में।
ली जो सु र त ज गा य ॥टेक॥

O loving devotee ! Go and attend Satsang and thereby awaken your Surat. The mind, too, does not wake up without Satsang. Take the Saran of the beloved Sat Guru. (1)

As you listen to the nectar-like discourses of Guru, rivet your attention on His holy feet. (2)

Getting initiated by Sat Guru in the mysteries and secrets of Shabd, elevate your mind and Surat to higher regions. (3)

On listening to the resonance of Shabd within, your Surat becomes extremely delighted and gets its knot with the mind untied. (4)

Darling Surat then proceeds with Sat Guru and halts at Sat Lok. (5)

She gets Darshan of Sat Purush and mixes with Hansas. (6)

From there, she proceeds to Radhasoami Dham and, full of joy and delight, praises her great good luck. (7)

Shabd 19

प्रेमी मिलियो रे सतगुरु से ।
दे वें का ज ब ना य ॥टेक॥

O loving devotee ! Meet Sat Guru. He will accomplish your task. He is the treasure-house of mercy. He is the supreme benefactor. He calls Jivas to Him and grants them His shelter and protection. (1)

He, in His grace, makes him His own who takes His Saran in all humility. (2)

By enhancing his love and faith, He enables him to practise Surat Shabd Yoga. (3)

By granting him His Darshan within, He elevates his mind and Surat to higher regions. (4)

By enabling him to contact one Shabd after another, He one day takes him to his True Home. (5)

Whatever is done, is done by the beloved Guru. What spiritual efforts can the feeble Jiva make ? (6)

Radhasoami is the beloved Sat Guru. Who can adequately sing His eminence and glory ? (7)

Shabd 20

प्रेमी भागो रे जगत से ।
या संग क्यों तू धोखा खाय ॥टेक॥

Run away from this world, O loving devotee ! Why do you allow yourself to be deceived in its company ? This world never goes with anybody. It ensnares the Jiva by luring him with objects of pleasures. (1)

It is difficult to extricate oneself from it. All fall a prey to its temptations. (2)

Without Sat Guru, nobody can be freed from here. Therefore, go and attend His Satsang. (3)

Listen to His discourses and cherish them at heart. Apply your Surat to Shabd resounding within. (4)

Develop love for and faith in the Holy Feet. Radhasoami, in His grace, will one day accomplish your task. (5)

Shabd 21

प्रेमी मानो रे बचन को।
रहियो गुरु चरनन लौ लाय ॥टेक॥

O loving devotee ! Follow my advice. Keep your attention rivetted on Guru's holy feet. Indescribable is His eminence. He will disclose to you the inner secrets and join your Surat with the Holy Feet of beloved Radhasoami, the Supreme Being. (1-2)

Whoever performs Abhyas regularly, remains satiated by partaking of the bliss of the current issuing forth from the Holy Feet. (3)

You should know that it is that very current which constitutes the resonance of Shabd and also showers ambrosia. (4)

Elevate your Surat, catching hold of the same current and remain clinging to it. (5)

Ascending higher and higher, reach the Supreme Darbar (court) and get Darshan of Radhasoami. (6)

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Shabd 22

प्रेमी जागो रे तुम अबही।
मोह की नींद बिसार ॥टेक॥

O loving devotee ! Wake up forthwith, giving up the sleep of infatuation. How long will you

remain a victim of delusions and illusions ? Cast off negligence. Be careful now. (1)

Establish a link with Guru's Satsang. Cherish love and yearning in your heart. (3)

Fix your attention lovingly on the Holy Feet of the Supreme Being Radhasoami. (3)

Listen, then, to the reverberations of Shabd within. Imbued with love, reform your Surat. (4)

You will then behold unalloyed scenes and spectacles within. Dedicate your body and mind to the Holy Feet of Guru. (5)

Radhasoami, in His grace, will elevate your Surat. You will one day repair to the Highest Darbar (court, mansion). (6)

Shabd 23

प्रेमी रहियो रे हुशियार ।
मा या घा त बचाय ।।टेक।।

O loving devotee ! Remain alert and careful saving yourself from the onslaughts of Maya. Both this mind and Maya are of the world worldly. The Jiva has been deceived at their hands. (1)

He knows not how to extricate himself from their clutches. He wanders in the world endlessly. (2)

Wealth, woman, name and fame — they all have

spread a net in which the Jiva is kept entangled. (3)

None can be saved without Sat Guru. Therefore, go and take His Saran. (4)

Practise Surat Shabd Yoga. Enhance your love for Guru's holy feet. (5)

He, in His grace, will accord you help within and take you beyond Pind and Brahmand. (6)

Din Dayal Radhasoami, the treasure-house of all grace and mercy, will save you from the clutches of Kal and Maya. (7)

Shabd 24

प्रेमी लीजो रे सुध घर की।
गु रु सँ ग शब्द कमाय ।।टेक।।

O loving devotee! Think of your True Home. Apply yourself to Shabd practice with the help and guidance of Guru. The current of Shabd has come down from the highest mansion. Ascend to higher regions catching hold of that very current. (1)

The same current is called the Holy Feet of Guru. Engender deep love for it. (2)

Proceed on keeping the company of the form of Guru, and make contact with one Shabd after another. (3)

Whoever proceeds in this manner, enhances his love for the Holy Feet day by day. (4)

He witnesses unique spectacles within and experiences ever-new bliss all the time. (5)

Ascending higher and higher, he reaches Radhasoami Dham and praises his great good luck on having Darshan of Radhasoami. (6)

Shabd 25

हेरी तुम कौन हो री।
मोहिं अटकावन हारी ॥टेक॥

Oh, you wicked one ! Who are you, blocking my way ? Go I must to have the Darshan of my beloved Guru. I shall not care for what you say. (1)

My mind has been fixed on the holy feet of Guru. Why do you plead and shout in vain ? (2)

My Guru is Din Dayal and ever kind and compassionate. I sacrifice myself at His holy feet. (3)

He has taken even a fallen Jiva like me to His holy feet. He will redeem you, too. (4)

Come with me, O friend, let us both go now and place our heads on Sat Guru's holy feet. (5)

The same is the message to all Jivas. Adopt His saran somehow or the other. (6)

Radhasoami, my beloved Sat Guru, has accomplished the task of all Jivas. (7)

Shabd 26

हेरी तुम कैसी हो री।
जग बिच भरमन हारी ॥टेक॥

How foolish you are ! You go astray in the world all the time. You do not care for the welfare of your soul and are expanding your net of infatuation day by day. (1)

You are tossed about by Kam (lust) and Krodh (anger), and suffer great pain and sorrow under the sway of Lobh (avarice) and Moh (infatuation). (2)

Wherever you pinned your hopes for happiness, you received jolts and rebuffs. (3)

Every day you see people dying, but you have forgotten about your own death. (4)

Come to your senses soon. Attend Satsang and accomplish your task, relying upon the grace and mercy of Guru. (5)

Develop love and devotion in your mind now. Do something for the good of your soul while you are alive. (6)

Getting initiated in Surat Shabd Yoga, perform Abhyas. Banish all the evil propensities of the mind. (7)

Implant the Holy Feet of Radhasoami in your mind. He, in His grace, will take you across the ocean of the phenomenal universe. (8)

Shabd 27

हेरी तुम कैसी हो री।
जग बिच भूलन हारी ॥टेक॥

What a senseless person you are, allowing yourself to be deceived in this world ! For innumerable lives, your mind has remained oblivious and has got entangled in worldly pleasures. (1)

When blessed with human form, you cherish worldly hopes and desires in keeping with the kind of company you get in. (2)

You toil and moil for worldly gain and, in the bargain, experience pleasure as well as pain. You undergo terrible sufferings of recurrent births and deaths. (3)

O brother ! None can be saved without Sat Guru. Therefore, seek His Saran. (4)

Merciful that He is, He will explain to you the modes and methods of Shabd practice and, in His grace, extricate you from here. (5)

Din Dayal Sat Guru Radhasoami fulfils the hopes and aspirations of all Jivas. (6)

Shabd 28

हेरी तुम कौन हो री ।
मोहिं भरमावन हारी ।।टेक।।

Who are you, you wicked one, beguiling me all this time? For many days have I been in your company and have remained entangled in the world all along. (1)

Now I have met the merciful Guru. I shall accomplish my task in His company. (2)

I shall no longer follow your advice. You are ignorant, drifting with the mind all the time. (3)

I shall enshrine Guru's teachings in my heart and practise Surat Shabd Yoga. (4)

Relying upon the grace and mercy of Guru, I shall rush to Sahas-dal-kanwal, and then proceed and witness the mansion of Trikuti. (5)

After getting Darshan of Sat Guru in Sat Lok, I shall be happy on reaching the Holy Feet of Radhasoami. (6)

Shabd 29

चेतोरे जग काम न आवे ।।टेक।।

Wake up. This world will be of no use to you, it being only a dream of a few days. Nothing is abiding here. (1)

Who but Guru can tell you of the whereabouts of your True Home ? (2)

That True Home is Radhasoami Dham to which Surat will go by catching hold of the cord of Shabd. (3)

After ascertaining the secrets of Shabd from Sat Guru, you will elevate your Surat to higher regions, listening to the resonance of Shabd within. (4)

Ascending higher and higher, you will reach Daswán-dwár and bathe in Tribeni. (5)

On going to Sat Lok you will meet Sat Guru and then rush to Alakh and Agam. (6)

By the grace and mercy of Sat Guru, your task will be accomplished and you will merge in the Holy Feet of Radhasoami. (7)

Shabd 30

भागो रे अब जग से भागो ॥टेक॥

Run away from this world now, run away from it. Cast off all delusions, illusions and negligence. Wake up in the company of Guru. (1)

Attend His Satsang. Get initiated into the secrets by Him. Apply yourself to His holy feet. (2)

Check your mind and senses within. Discard all objects of pleasure. (3)

The path lies through the lotus eyes of Guru. Look intently into His eyes. (4)

Relying upon the grace and mercy of Radhasoami, keep your Surat fixed on Shabd resounding in higher regions. (5)

Shabd 31

चेतोरे घर घाट सम्हारो ॥टेक॥

Wake up and think of coming to the portal to your True Home. Why do you suffer pain and misery in the company of this body ? Proceed towards your true Home of happiness. (1)

Who but Sat Guru can disclose to you the secrets ? Imbued with love and affection, associate with Him. (2)

Casting aside all Karam (rites and rituals), Dharam (observances) and Bharam (delusions), enshrine Guru's discourses in your heart. (3)

Getting initiated by Guru in the secrets of Shabd and the methods of Surat Shabd Yoga, proceed towards higher regions within. (4)

After having heard the sounds of the bell and the conch, have Darshan of Guru in Gagan (Trikuti). (5)

Attain purification on listening to the sound of the violin. Hear the sound of the flute and, then, that of the harp. (6)

After hearing the voice of Alakh and Agam, have Darshan of the Holy Feet of Radhasoami. (7)

Shabd 32

जागोरे यहँ कब लग सोना ॥टेक॥

Wake up. How long are you going to sleep here ? Come to your senses. Seek your True Home. Do not waste your time here. (1)

Your impure mind leads you astray in the world. Attend Satsang and wash away all your stains and blemishes. (2)

Enshrine Guru's discourses in your heart. Apply your Surat to Shabd day and night. (3)

Give up your infatuation with the world every moment. Sow the seed of Bhakti (devotion) in your heart. (4)

Proceed to Radhasoami Dham, beyond Pind, अंड And and Brahmand. (5)

Shabd 33

धाओरे गुरु सरन सम्हारी ।।टेक।।

Rush and adopt the Saran of Guru. Witness ever-new-scenes and spectacles within. Practise Surat Shabd Yoga. (1)

Elevate your Surat to higher regions as you listen to the resonance of Shabd within and witness the refulgence of Jyoti (flame). (2)

Entering Banknal and proceeding beyond Trikuti, go to Sunn and hear the Shabd of Akshar Purush there. (3)

After having heard the sound of the flute in Bhanwargupha, your Surat will become a courtier in the Darbar of Sat Purush. (4)

Next, after offering salutation to Alakh and Agam, you will place your head on the Holy Feet of Radhasoami. (5)

You will be enraptured on beholding the wonderfully majestic form of your Beloved, and sacrifice yourself before Him and sing His glory. (6)

Shabd 34

मेरे प्यारे बहन और भाई ।
तुम्हें लाज न आई ।
क्यों नहिं मोहिं सम्हारो ।।टेक।।

O my dear brothers and sisters ! You do not seem to be ashamed at all. Why do you not take care of me ? I remain wandering in this world day and night. You, on the other hand, attend Satsang all the time and perform the Sewa of Sat Guru. (1)

Why do you not tender advice to me and take me in your company ? Kindly have love and affection for me. (2)

If you are kind enough to enable me to meet Guru, my burden of Karmas will be taken off my shoulders. (3)

Guru is Dín Dayál Gosáín (the Lord who is ever merciful to the humble and the lowly). He is ever full of pity and compassion for Jivas. He will surely provide help and succour to a fallen and degraded Jíva like me. (4)

I was all this time a confirmed Manmukh (one given to following the dictates of the mind). I used to be deeply engrossed in sensual pleasures. I never sought my unique True Home. (5)

O brothers ! It is only now that I have come to understand that there is no one to help me except Guru and that worldly objects are all unreal. (6)

I shall now cultivate Bhakti by my body and mind and, adopting the Saran (refuge) of the Holy Feet of Sat Guru, shall get across the ocean of worldly existence. (7)

You help me, all of you, and then only shall I be able to behold the Holy Feet of beloved Radhasoami after getting myself detached from the body as well as mind. (8)

Shabd 35

मेरे प्यारे बहन और भाई।
क्यों ग़फ़लत में रहो सोते।
गुरु लेओ सम्हारी ॥टेक॥

O my dear brothers and sisters ! Why do you remain asleep in negligence ? Take the shelter and protection of Guru. You are not to stay in this world for ever. You have to go from here one day leaving your body behind. Just think a little of that stage. (1)

Sat Guru will disclose to you the secrets of that stage. Meet Him and receive instructions from Him. He will show you your True Home. (2)

Attend His Satsang with care and attention. Enshrine His priceless discourses in your heart. He will make you detached from the world. (3)

He will impart to you the invaluable inner secrets concerning beloved Radhasoami, the Supreme Being. Get yourself initiated by Him in Surat Shabd Yoga. (4)

Your mind and Surat will then constantly rush towards higher regions as they listen to the reverberations of Shabd within. They will experience immense bliss. (5)

After reaching the region of Guru, you will go to Sat Lok and hear the melodious sound of the Bín (harp) which is the essence. You will then behold the regions of Alakh and Agam. (6)

Proceeding from there, you will reach Nij Dham (the Original Abode) and have Darshan of beloved Radhasoami. You will sacrifice yourself at His holy feet. (7)

Shabd 36

मेरे प्यारे बहन और भाई।
या जग बिच घोर अंधेरा।
तन में भी तम रहा छाई ॥टेक॥

O my dear brothers and sisters ! Dense darkness prevails in this world. Darkness pervades within this body, too. Great is the sway of the mind and the senses. The five Doots of Jama (myrmidons of death) are extremely powerful. The strength of Jiva is totally unavailing. (1)

If you want to be saved from the clutches of Kal and Karam, proceed in the company of Sat Guru and you will then not meet with any obstacles on the way. (2)

Great is the pain and misery of birth and death. Besides, one has to constantly go through pain and pleasure associated with the body. Save your soul from such traumatic experiences. (3)

Sat Guru is the true benefactor. He will remove all pain and agony due to Kal. Adopt His Saran and He will come to your rescue. (4)

Let us go, O Sakhi (friend), without making any delay now. Dedicate your body and mind to Guru's Satsang. Adopt the Saran of Radhasoami in your heart. (5)

Shabd 37

मेरे प्यारे बहन और भाई।
गुरु चरन सरन गह चालो।
मन माया का ज़ोर घनेरा ॥टेक॥

O my dear brothers and sisters ! Proceed after taking the Saran of Guru's holy feet, for very powerful are the forces of Mana and Maya. This foolish mind never comes to its senses but always remains engrossed in worldly pleasures. It never gives up worldly entanglements. (1)

Who but Sat Guru can awaken you ? He will grant you the succour of His mercy. Then only will you be freed from your worldly bondages soon. (2)

You cannot extricate yourself by your own strength. Therefore, seek Sat Guru, the merciful Lord. Do not make too much delay. (3)

Blessed is he who has been able to meet Sat Guru and who practises Surat Shabd Yoga and beholds within him the True Region. (4)

His Surat ascends and reaches Das-wán-dwár. He gets Darshan of the Holy Feet of Radhasoami in the Highest Mansion. He is easily redeemed this very day. (5)

Shabd 38

मेरे प्यारे बहन और भाई।
जग मोह बिसारो।
सतगुरु से नेह लगालो ॥टेक॥

O my dear brothers and sisters! Give up your worldly attachments. Develop affection for Sat Guru. The world is not going to accompany you. Attend Guru's Satsang and get your delusions and illusions removed. (1)

Always rely upon Guru's grace and mercy. Practise Surat Shabd Yoga. Awaken your mind and Surat. (2)

Shun desires for sensual pleasures from the bottom of your heart. Concentrate your mind and Surat within. Remove all obstacles and evil propensities. (3)

As you experience more and more bliss within, your love for and faith in the Holy Feet will go on increasing. Get your Surat dyed in the colour of Prem (love). (4)

Adopting the Saran of the Holy Feet of Radhasoami in your heart, elevate your Surat to your abode in the highest region along the current of Shabd. By mercy have your task accomplished this very day. (5)

Shabd 39

मेरे प्यारे बहन और भाई।
गुरु सतसंग का रस लीजे।
अस औसर फिर न मिलेगा ॥टेक॥

O my dear brothers and sisters ! Enjoy the bliss of Guru's Satsang. You will not get this kind of opportunity again. Without Satsang, the right understanding will not dawn on you. Worldly pleasures are all transitory and unreal. None will accompany you. (1)

He alone is saved who engenders love for Guru. Such a person follows the path of Surat Shabd Yoga. He alone will mix and mingle in Satsang. (2)

By contemplating Guru's form, he will enhance his love for Him and, on listening to Shabd resounding within, will elevate his Surat to

higher regions. The Karmas of such a person only will be burnt to ashes. (3)

If intuition dawns on somebody, he will come to realize things in right perspective. Such a person, relying upon the strength given by Guru, will give a good fight to Kal. And it is that same excellent one who will trample over Maya. (4)

He alone, who adopts the Saran of the Holy Feet of Radhasoami, will reach the Highest Darbar. On getting wondrous Darshan of Radhasoami, he will blossom forth in joy like a flower. (5)

Shabd 40

मेरे प्यारे बहन और भाई।
ज़रा सोचो समझो मन में।
गुरु लो पहिचानी ॥टेक॥

O my dear brothers and sisters ! Develop right understanding and recognize the true Guru. Attend His Satsang, ponder over His discourses, and see what effect they produce on your mind. This is how you should recognize a Sadh. (1)

Associate with Him and watch His conduct and behaviour for some time with an unprejudiced mind and unbiased understanding. In this way, your mind will slowly and gradually come round. (2)

Perform Shabd Abhyas with love. Behold unalloyed spectacles and scenes in the घट Ghat (within). You will then perceive Sat Guru's Daya (grace and mercy). (3)

Guru is omnipotent and merciful to the humble. He takes care of him who seeks His Saran (protection). He vouchsafes His protection to you every moment. (4)

He, who sees such acts of grace every day and experiences His Daya (grace and mercy) internally and externally, will have faith in Him. (5)

He who has such a firm faith in Him and develops profound love for Him day by day, will know the glory and eminence of Sat Guru. (6)

Guru, in His grace and mercy, will elevate his Surat to higher regions and will unfold the inner secrets and mysteries to him. One day he will merge in the Holy Feet of Radhasoami. (7)

Shabd 41

मेरी प्यारी सहेली हो।
क्यों जनम गँवाओ हो ॥टेक॥

O my dear friend ! Why are you wasting your precious life ? Have Darshan of my beloved Guru and awaken your Bhág thereby. (1)

Do good to your soul right now, otherwise, you will have to go to hell and repent. (2)

Give up fear of and regard for the world forthwith, and join Guru's Satsang. (3)

Let love surge in your heart on having His Darshan and let your attachment to the world loosen on hearing His discourses. (4)

Witness His acts of grace with a pure and serene outlook, and go on enhancing your love and enthusiasm every moment. (5)

After acquainting yourself with the inner secrets revealed by Him, withdraw your mind and Surat and elevate them within. (6)

Enjoy pure bliss within and praise your good luck. (7)

Perceive Daya of Radhasoami internally and engender ever-new love for Him. (8)

Without the Guru's Saran, your spiritual welfare will suffer a setback. Let the members of your family also join you in adopting His Saran. (9)

Immensely great is the Daya (grace and mercy) of Radhasoami Dayal. Try to secure the redemption of all your kith and kin. (10)

Seeing such glory and eminence of Radhasoami, sing His praises merrily and merrily. (11)

Shabd 42

मेरी प्यारी सहेली हो।
दया कर कसर जता दो री ।।टेक।

O my dear friend ! Be kind enough to point out my shortcomings. You are the darling of the Beloved Guru. Take me also along with you. (1)

Tell me the secrets of higher regions and of the path thereto. Explain to me the eminence of Guru. (2)

The Guru is showering the colour of love all the time. Let my Surat be dyed in it. (3)

Remove the evil propensities of my mind and senses and let me cling to the holy feet of the Guru. (4)

I have come to the Guru's holy feet in all humility and submissiveness. Let His grace and mercy be showered on me. (5)

Knowing me as your own, take care of me. Let Prem be awakened in me. (6)

O dear ! Let me be the recipient of such a favour that I may sit at the holy feet of Radhasoami in perfect devotion. (7)

Take not into consideration my faults and blemishes. Let my task be accomplished this very day. (8)

You are imbued with forgiveness and compassion. Kindly rid me of evil propensities. (9)

In all humility, I have fallen at the door of Guru. Please let my link with Kal be severed. (10)

I wish I may be able to raise my Surat and proceed to the highest region. Oh ! Let me have Darshan of Radhasoami. (11)

Shabd 43

तुम जीते सुरत चढ़ाओ ।
मुए पर क्या करि हो ॥१॥

Elevate your Surat to higher regions while you are alive. What can you do when you are no more ? (1)

Hear Shabd and ascend within. Go on giving up the vagaries of the mind. (2)

Ascend within and proceed beyond Trikuti. Reach Sat Lok and abide there. (3)

After getting Darshan of Radhasoami Dayal, remain clinging to His holy feet. (4)

Shabd 44

तुम अब ही गुरु संग धाओ ।
बहुर पछताना पड़े ॥१॥

Run away with the Guru right now. Otherwise, you will have to repent. (1)

Attend Satsang of the Guru and perform His Sewa. Your heart will be filled with love and zeal. (2)

Get initiated in the secrets of Shabd and perform Abhyas. Your Surat will then rise to higher regions. (3)

When Radhasoami Dayal showers His mercy, all your task will be accomplished. (4)

Shabd 45

तुम अब ही मन को माँजो।
बहुर क्या काज सरे ॥१॥

Scrub and cleanse your mind right now. What can you achieve afterwards ? (1)

Attend Satsang and listen to the discourses. Then go on ruminating on them. (2)

Grasping their true import, act upon them. Your Surat will rise upward. (3)

Your mind will then be quiet and steady and your attention purified. And you will be able to perform Dhyan (contemplation) of Radhasoami. (4)

Shabd 46

तुम अब ही सतसंग धारो ।
बहुर नहिं औसर मिले ॥१॥

Attend Satsang right now. You will not get the opportunity afterwards. (1)

Engender intense love for the Sat Guru. Your Surat will rise to higher regions. (2)

When you ascend and reach Sahas-dal-kanwal, you will see the dazzling flame flashing within. (3)

From there, your Surat will proceed to the region of Sat Guru, and dally at the holy feet of Radhasoami. (4)

Shabd 47

तुम अब ही गुरु से मिलो ।
जगत की लज्जा तजो ॥१॥

Give up regard for the world, and meet Guru forthwith. (1)

Attend His Satsang with love, and break away from the world this very day. (2)

Every moment try to deserve His Daya, and apply your Surat to the Holy Feet. (3)

Develop yearning within you and elevate your Surat

to higher regions. Let your arrival at each stage be marked by the resonance of Shabd. (4)

With the grace and mercy of Sat Guru, merge in the holy feet of Radhasoami, and attain satiety. (5)

Shabd 48

तुम अब ही विरह जगाय ।
शब्द में सुरत धरो ॥१॥

Develop yearning right now, and apply your Surat to Shabd. (1)

Attend Sat Guru's Satsang with love and sincerity. Fall at His holy feet in all humility. (2)

When He graciously initiates you in the inner secrets, perform Abhyas regularly. (3)

Practise Bhajan and Dhyan, and do not be afraid of Kal and Karam. (4)

Strengthening your Saran of the holy feet of Radhasoami, get across the ocean of worldly existence this very day. (5)

Shabd 49

तुम अब ही गुरु संग रलो ।
हिये में प्रेम भरो ॥१॥

Associate with Guru this very day, and fill your heart with love for Him. (1)

When will you meet Him if you fail to do so this moment ? You will be hurled down to Chaurási. (2)

Therefore, come to your senses and pay heed to the counsel right now. Attend Guru's Satsang and adopt His Saran. (3)

Perform Sumiran of the True and Real Name RADHASOAMI, and contemplate Guru's form. (4)

The current of Shabd is coming within you every moment ; listen to it with attention. (5)

Radhasoami Dayal will ferry you across. You will easily get beyond the ocean of this world. (6)

Shabd 50

हे मन रसिया काया के बसिया ।
छोड़ो हमारी डगरिया हो ॥टेक॥

O pleasure-seeking mind, seated in the body ! Get away from my path. I am the darling of Beloved Radhasoami. I will no longer dwell in thy city. (1)

The Sat Guru has initiated me into the real secret

and has exhorted me to penetrate the lattice and proceed to the True Home. The cord of Shabd is linked to the Nij Ghar (Real Abode). I will ascend by catching hold of it. (2-3)

I will never stop on the way, where Maya's market is flourishing. (4)

With the Guru's strength, I shall smash the heads of Kal and Karam, and tear to pieces the covers of Maya. (5)

I shall see Jyoti (flame) and rush to Trikuti, and then behold the refulgence of the moon. (6)

I shall bathe in the Mán-sarovar lake with the Hansas and fill my pitcher with nectar. (7)

I shall meet Sohang Purush in Bhanwargupha where the melodious flute is playing. (8)

I shall proceed higher with a dancing, rythmic gait on hearing the melodious reverberations of the eternal Bín (harp). (9)

I shall proceed further and touch the holy feet of Radhasoami. I shall then attain the immortal region. (10)

Shabd 51

हे मन भोगी सदा के रोगी ।
चलो घर हमरे साथा हो ॥टेक॥

O thou pleasure-seeking, ever-sick mind ! Proceed to your home with me. Tied to the body, thou hast been subject to pain and pleasure for innumerable lives. (1)

This time, attend Satsang carefully and establish a link with Guru. (2)

He is an all-powerful redeemer. In His grace and mercy, He will take thee to thy real abode. (3)

Give up desires for the pleasures of the world and remain absorbed in the bliss of the Holy Feet. (4)

Perform the practice of Shabd with fervour and elevate your Surat to higher regions. (5)

In Trikuti, Surat will part company with thee, and thou wilt reign over there. (6)

By the grace and mercy of Radhasoami Dayal, Surat will proceed further and behold its original abode of ecstatic bliss. (7)

Shabd 52

हे मन मानी सद अज्ञानी ।
क्यों दुख सुख यहाँ सहना हो ।।टेक।।

O you haughty and ever-ignorant mind ! Why do you suffer pain and pleasure here ? In the body, Surat has fallen in your clutches. You have made her oblivious of her real abode. (1)

She is dallying with the senses in outwardly inclined activities. You have tempted her to seek and enjoy the pleasures of the world. (2)

You are ever puffed up with the pride of possessing wealth and property, and are tied to the family and a host of relations. (3)

You know not the importance of Parmarth. You have taken this world to be the reality. (4)

Now at least, O mind, come to your senses and seek the Sat Guru, who is all sagacious and prudent. (5)

Render Sewa to Him, attend His Satsang and unite your Surat with Shabd. (6)

Radhasoami Dayal, in His grace, will grant you location in His holy feet. (7)

Shabd 53

मन के घाट बैठ सुर्त ।
घर की सुद्ध बिसारी ॥
इन्द्रियन संग भरमाय ।
फँसी अब भोगन लारी ॥

Having taken its seat on the plane of the mind, Surat has become oblivious of her original home. Going astray with the senses, she has got entangled in the pleasures of the world. The five Doots (myrmidons of Jama) drag her

in different directions. Without Sat Guru, who is there to give her shelter ? Therefore, O beloved Surat ! Seek Sat Guru. (1)

Pandit, Bhekh, Shekh and Mulláh are all worldly minded. He who associates with them, will not get across the ocean of the world. All these people are entangled in name and fame, and greed and avarice. They again and again fall into the trap of Kal and Karam, and wander about in the world. Therefore, associate with a Sadh and from Him receive knowledge about Guru. (2)

Bathe in the water of Satsang and wash clean your body and mind this very day. Go on daily augmenting your love for the Holy Feet of Guru and perform His Arti. Give up all rites and rituals prescribed by old scriptures. Turn away from thc pleasures of the world. Perform Abhyas of Surat Shabd Yoga and raise your Surat to higher regions. You will be drenched in the colour of love. (3)

Hearing the wonderful Shabd, Surat gets absorbed in its bliss. Sat Guru, who is ever merciful to the humble, Himself assists and helps her. Anhad Shabd is audible to her from all sides. Delighted and absorbed, she stands motionless. The mind is in ecstasy. It is by His grace and mercy, that she is blessed with such an opportunity. (4)

Radhasoami is pleased with her. He has adorned

her. He has extricated her from the plane of the mind and the senses in a moment. In rapturous ecstasy she keeps on enjoying the bliss of the Holy Feet of Beloved Radhasoami. She wishes to have Darshan of Radhasoami every moment. She has no other desire. She sacrifices her body, mind and wealth on His grace and mercy. (5)

Shabd 54

गुरु चरनन लौलीन।
सुरत जग किरत हटाई॥
मन इन्द्रियन संग प्यार।
और व्यवहार घटाई॥

Absorbed in the Holy Feet of Guru, Surat has given up all worldly activities. She has minimized her love for and dealings with the mind and the senses. Satsang and the practice of Surat Shabd Yoga are now dear to her. She daily feels delighted on performing Guru's Sewa. The ways of Guru Bhakti (devotion to Guru) are now pleasing to her. (1)

She performs Guru's Arti after having arranged all the paraphernalia in a nice order. Wonderful is the splendour of Guru. It baffles description. All are absorbed in love. Bliss pervades all round. All brighten their luck by having Darshan of Guru. How am I to sing the great eminence of Guru ! (2)

Taking His seat in Satsang, Guru delivers His priceless discourses. As she listens to them, her love for Him increases, and her Surat and mind get drenched in bliss. Peeping within, she feels extremely delighted as she listens to the ringing of Anhad Shabd. Jama's Doots (myrmidons of death) have all become powerless. Guru has bestowed on her unbounded grace and mercy. Sensual pleasures are now like brackish water to her. (3)

Adopting Saran of Guru, she arouses fresh yearning in her heart. Smashing the strength of Kal and Karam, she elevates her Surat to higher regions. She goes to Sunn beyond Trikuti and witnesses the delightful activities of Hansas. After having heard the melodious note of the flute in Bhanwargupha, she abides in the Holy Feet of Sat Guru. She becomes the darling of Radhasoami. (4)

Shabd 55

मन चंचल चहुँ दिस धाय।
सखी मैं नहिं जाने दूंगी॥
गुरु बल हियरे धार।
बिघन कोई नहिं आने दूंगी॥टेक॥

My fickle mind rushes in all the four directions. O friend ! I will not allow it to do so. With my Guru's strength at heart, I will not let any obstacle come my way. Tempting Jivas with

objects of pleasures, Maya beguiles them in this world. With the Guru's Name as my prop and support, I will not give her any chance to do so. (1)

The mind is extremely uncouth ; it does not engender faith in the Guru's holy feet. With a firm faith in my Guru, I will not let the mind create any delusion for me. (2)

Contemplating my Guru's form, I am training my mind to apply to His holy feet and I will not let it sing of anything but RADHASOAMI Nám. (3)

Shabd 56

मनुआ कहन न मान सखी ।
मैं कौन उपाय करूँ ॥टेक॥

O friend ! My mind does not pay any heed to my advice. What am I to do ? I try to plead with it in many ways, but it again and again goes astray, enjoying sensual pleasures. Foolish that it is, it does not listen to Guru's teachings. How am I to keep it in check ? (1)

It arouses all kinds of desires without the slightest fear. It is not amenable to checks and restraints. I, on my own, have tried my best but failed. How, really, am I to vanquish it ? (2)

It attends Satsang daily and also engages in Shabd

practice. Even then, it does not give up its obstinate attitude. Tell me how am I to deal with it. (3)

Relying on the grace and mercy of Guru, I apply my Surat to the Holy Feet which remains drenched in the bliss thereof. I shall get across the ocean of the world in this way, adopting the Saran of Radhasoami. (4)

Shabd 57

मन तू कर ले हिये धर प्यार ।
राधास्वामी नाम का आधार ॥टेक॥

O my mind ! Engender love and make RADHASOAMI Nam your prop and support. RADHASOAMI Nam is Agam (inaccessible) and Apar (infinite). IT redeems him who performs ITS Sumiran. Hear the incessant reverberations of this Nam within you. (1)

Radhasoami Dham is the highest of all. None but Sants reached there. There one gets Darshan of the Supreme Creator. (2)

Great is the glory and eminence of RADHASOAMI Nam. Shesh and Mahesh are unable to describe IT. Its glory is limitless and boundless. (3)

Param Purush Radhasoami has come to this world. He redeems all Hans Jivas, and, as

regards others, He sows the seed of spirituality in them. (4)

He sung the praise of Nam in various ways and described IT as the sole means for attaining salvation. Perform Sumiran of RADHASOAMI Nám repeatedly. (5)

He revealed the secrets of RADHASOAMI Nám and explained the modes of performing Surat Shabd Yoga. Take your Surat across by listening to Dhun. (6)

How can I describe the glory and eminence of Dhwanyatmak Nam RADHASOAMI ? Whosoever listens to IT repairs to Nij Gharbár (Original Home.) (7)

Shabd 58

मन तू सुन ले चित दे आज ।
राधास्वामी नाम की आवाज़ ॥टेक॥

O mind, listen today with all your attention to the reverberations of RADHASOAMI Nam. The music of Anhad Shabd is resounding within everybody, on hearing, lovers adore their Beloved, getting themselves embellished with love and devotion. (1)

Anhad Shabd rules over three Loks (worlds). Sat Shabd (Sat Nam) resounds in Sat Lok

beyond which are heard the reverberations of RADHASOAMI Nam. (2)

Sants have described the glory and majesty of Shabd. Those who believe in Them, are enabled to listen to its resonance. The task of such Jivas is accomplished. (3)

Whosoever implants RADHASOAMI Nam in his heart, gets detached from all. He renounces all sense of family prestige and worldly honour. (4)

Whosoever engenders love for RADHASOAMI Nam, Radhasoami takes care of him and grants him the gift of Bhakti (devotion). (5)

RADHASOAMI Nam is infinite and beyond all. RADHASOAMI Nam is the essence of all essences. He who hears this Nam, gets sovereignty within. (6)

Shabd 59

जगत भोग मोहिं नेक न भावें ।
मैं तो सतगुरु ढूँढूँगी ।।टेक।।

Worldly pleasures are not to my liking at all. I shall search for Sat Guru. Great is His glory and eminence. Without His help, none can get across. I shall serve Him alone. (1)

I shall attend Satsang and contemplate the Holy

Feet of Guru. I shall be elated at heart on listening to His discourses. I shall practise the methods of Surat Shabd Yoga enjoined by Him. (2)

My luck brightened up and Sat Guru graciously met me. Finding me meek and humble, He made me His own. I shall enhance my love for His holy feet. (3)

Getting initiated, I shall listen to the reverbera tions of Shabd. Preventing my mind from wandering, I shall concentrate it within. I shall constantly rush towards Trikuti. (4)

After passing through Guru's region, I shall bathe in Mansarovar lake. I shall listen to the sound of Sohang in Bhanwargupha and that of the Bin (harp) in Sat Lok. (5)

I shall perform the Arti of Alakh Purush, behold the elegant form of Agam Purush and then merge in the Holy Feet of Radhasoami. (6)

By Sat Guru's grace and mercy, I have been able to reach the Highest Region and behold the wondrous Radhasoami Dham. I shall sing His praises every moment. (7)

Shabd 60

प्रेम दात गुरु दीजिये ।
मेरे समरथ दाता हो ।।१।।

O my Omnipotent and Munificent Guru ! Grant me the gift of Prem (love). (1)

My only wish is that I may remain full of joy and delight by having Your Darshan every day. (2)

May I remain drenched in the colour of Prem. May I be contemplating Your countenance daily. (3)

May you dwell in every part of my being ! May I be singing Your praises all the time. (4)

Remove all allurements of Maya and let Kal be blighted. (5)

The mind and senses may not gather strength and prevail over me. I may always remain imbued with love. (6)

Pleasures of the world may no more appeal to me. (7)

O Beloved Radhasoami ! Bestow this blessing on me. Why do you make so much delay ? (8)

Delay proves harmful. Time is passing in vain. (9)

O my Beloved ! O my Father and Mother Radhasoami ! Grant this prayer of mine. (10)

Listen O my Beloved ! Without Your gift of Prem this mind makes me dance attendance to its tune. (11)

I am helpless before it. It is madly enamoured of the pleasures of the world. (12)

In Your grace and mercy, elevate my Surat so that I may hear Shabd within. (13)

If You kindly grant me the gift of grace and mercy, every pore of mine will feel delighted. (14)

I will sing Your Nam in the world with great fanfare. (15)

I dedicate myself at Your Holy Feet. Every moment I endeavour to please You. (16)

I play freely and unhampered in the region of Sunn and erase the lines of Karam and destiny as made by Kal. (17)

I play and feel elated in Your company. Being a recipient of Your grace and mercy, I am greatly exalted. (18)

I am always happy within myself. I show pompousness by reason of my being with the Holy Feet. (19)

I am absorbed in the bliss of Shabd. All the time I drink अमी Ami (nectar). (20)

O my Beloved Radhasoami ! I pray every moment that You may graciously so ordain Your Mauj that I become free from anxieties and worries and remain absorbed in Your Holy Feet. (21-22)

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Shabd 61

घट में दर्शन दीजिये ।
मेरे राधास्वामी प्यारे हो ॥१॥

Grant me Darshan within, O my Beloved Radhasoami ! (1)

I find no peace without Your Darshan, O the apple of my eye ! (2)

I feel restless without Your Darshan, O the very support and sustenance of my life ! (3)

Nothing pleases me without Your Darshan, O my light of the world ! (4)

I suffer great pain and anguish without Your Darshan, O my beloved ! (5)

The whole world is utterly distasteful to me without Your Darshan. (6)

Grant me Your Darshan and enable me to hear Your discourses, O my unfathomable and supremely exalted Guru ! (7)

Hear my prayer soon, O my Din Dayal Sat Guru ! (8)

Be merciful to me, accede to my prayer and do good to my soul. (9)

On having Your Darshan daily, I shall remain free from all care and anxiety and delighted at heart. (10)

O my Munificent Guru ! Bestow Your mercy on me right now. I sacrifice myself at Your holy feet. (11)

I express my thankfulness to You and daily sing Your praises on witnessing beautiful scenes and spectacles within. (12)

I live with Your Darshan as my support and sustenance, O Radhasoami, the True Creator ! (13)

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Shabd 62

बिन दरशन कल नाहिं पड़े ।
मेरे गुरु प्यारे हो ॥टेक॥

O my beloved Guru ! I find no solace and comfort without Your Darshan. Ever since I got separated from Your lotus feet, I have no peace and tranquillity. (1)

All the time, I remain worried how to get across the phenomenal universe. (2)

Kal has created many obstacles for me. I remain roasted in the fire of worry and anxiety day and night. (3)

I fail to perform Bhajan and Bhakti. I am afraid of Mana and Maya all the time. (4)

O Sat Guru ! Remove all my obstacles. Who but You can bestow such mercy on me ? (5)

O Radhasoami ! Grant me Your Darshan in Your grace and mercy. Then only my task will be accomplished. (6)

Shabd 63

सुरत प्यारी बँध गई हो ।
जगत में भोगन संग ॥१॥

Dear Surat has got entangled in sensual pleasures in this world. (1)

She has become oblivious of her True Home. She has imbibed the strange colour of Maya. (2)

When she chances to meet the munificent Sat Guru, He will cast off all the cravings and desires of the mind. (3)

He will mercifully enable her to listen to His discourses and will teach her the ways of Guru Bhakti (devotion to Guru). (4)

He will make her perform Shabd Abhyas. She will then ascend within with mounting zeal and enthusiasm. (5)

By granting her His Saran, He will accomplish her task and implant love for Radhasoami in each and every part of her being. (6)

Shabd 64

सुरत निज घर बिसरानी हो ।
जगत में पाय कुसंग ॥१॥

Falling in evil company in this world, Surat has forgotten all about her True Home. (1)

She goes astray in the company of the mind and the senses, giving rise to new cravings and desires all the time. (2)

Who but Guru is going to save her ? He alone will enable her to fight with the mind. (3)

He, in His grace, will turn the inclination of the mind and enable Surat to ascend to higher regions with zeal and enthusiasm. (4)

Surat will then be rid of her attachment to this topsy turvey world and all the desires of her mind will be eliminated. (5)

She will then become the recipient of the grace and mercy of Radhasoami and will get dyed in the wonderful colour of Prem (love). (6)

Shabd 65

आओ री सखी चलो गुरु के पासा ।
भक्ति दान आज लीजिये ॥१॥

Come O friend ! Let us go to Guru and have the gift of Bhakti from Him. (1)

Sat Guru, the Redeemer of Jivas, has made His advent in this world. Attend His Satsang. (2)

Engender love for and faith in the Holy Feet. Make an offering of your body and mind to Him. (3)

Have His Darshan with your gaze rivetted on Him. Listen to His discourses attentively. (4)

You can call them discourses but they are really a current of ambrosia of which you should drink within, full of zeal and fervour. (5)

On listening to Guru's discourses, your mind will blossom forth within. Instil yearning and enthusiasm in your heart. (6)

Realizing that the socalled Parmarth of the world is just a heap of rubbish, discard Karam (rituals) and Dharam (observances). (7)

Getting yourself initiated in Surat Shabd Yoga, enjoy bliss within. (8)

Your Surat will be thrilled with joy as it ascends to higher regions and your mind will be pleased to hear the resonance of Shabd. (9)

Realizing the greatness of Bhakti, get drenched in the colour of love within. (10)

You have met the Omnipotent Sat Guru Radhasoami. Place your head on His holy feet. (11)

Shabd 66

आओ री सखी चलो गुरु सतसँग में ।
जीव का काज बनाई ।।टेक।।

Come, O friend, let us go to Guru's Satsang and get the salvation of our souls worked out. The house-holder, the Pandit, the Shekh and the Bhekh (anchorite) are all doomed, being tied to past beliefs. They worship all kinds of gods and goddesses and have thus gone astray life after life. (1)

Engender faith in the Holy Feet of Radhasoami. Develop deep love for Sat Guru. In this way, you will vanquish Mana and Maya and strike down Kal. (2)

Attend Satsang. Getting initiated by Guru, apply your Surat to Shabd. All your fear about recurrent births and deaths will be over. Ascend to higher regions within. (3)

Have Darshan of Guru in Trikuti. In Sunn, hear the ringing of Shabd. You will have Darshan of Sat Guru where the melodious sounds of the flute and the harp are audible. (4)

From there, too, you will ascend and have Darshan of Alakh and Agam. You will behold the Holy Feet of Radhasoami and abide in your True Home. (5)

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Shabd 67

कोई कछू कहे मैं नेक न मानूँ ।
मेरा गुरु चरनन मन लागा री ॥१॥

I shall not care at all for whatever anybody might say to dissuade me, my mind has got attached to the Holy Feet of Guru. (1)

I daily have His Darshan with love and affection. My mind gets drenched in the bliss of the Darshan of His most elegant form. (2)

I seek not the company of the baser Jivas, nor do I hanker after the pleasures of the senses and worldly love. (3)

I shall remain humble and meek at heart and shall be ever alert and careful in Guru's Sewa. (4)

I have been able to join Guru's Satsang quite easily. How lucky am I ? (5)

Guru, in His grace, took care of me. I have given up all fear and regard for the world. (6)

Catching hold of the cord of Shabd I shall elevate my Surat, and shall remain constantly drenched in the bliss of its Dhun (resonance). (7)

By the strength given by Guru, I shall cast off all my evil tendencies. My crow-like mind will become a Hansa. (8)

I shall make my Surat penetrate Sat Shabd as one passes a thread through the eye of a needle. (9)

Elegantly embellished and adorned, I shall proceed to Radhasoami Dham and have Darshan of Radhasoami there. (10)

Radhasoami, in His grace, embraces me and grants me eternal Suhág (union, spousehood). (11)

Shabd 68

मेरे राधास्वामी प्यारे हो ।
दरस दे बिपति हरो ॥१॥

O my beloved Radhasoami ! Grant me your Darshan and put an end to my misery. (1)

O my beloved Radhasoami ! Place your Holy Feet on my head. (2)

O my beloved Radhasoami ! Take your seat in my heart. (3)

I sacrifice myself before You. Cast Your glance of grace and mercy on me. (4)

O Radhasoami ! Save me. I have now taken Your Saran. (5)

Shabd 69

मेरे राधास्वामी जग आये ।
करन को जीव उबार ॥१॥

My beloved Radhasoami has made His advent in this world to liberate Jivas. (1)

Incarnating Himself as a Sant, He has given out the most profound inner secrets. (2)

You should listen to the resonance of Shabd within and contemplate the form of Guru. (3)

Knowing that worldly pleasures are all worthless, give them up and make Shabd your prop and support. (4)

Adopt the Saran of Radhasoami. He, in His grace, will ferry you across. (5)

Shabd 70

रुन झुन रुन झुन हुई धुन घट में।
सुन सुन लगी मोहि प्यारी रे ॥टेक॥

On hearing the sweet ringing and jingling of Shabd within me, I have come to develop a great liking for it. This sound is coming from Daswán-dwár. It is quite different from Kal's Shabd. (1)

On hearing the resonance of this Shabd, my mind has become calm and gone to sleep. My senses, too, feel exhausted. (2)

Full of joy and delight, my Surat soars higher and higher. She sacrifices herself at Guru's holy feet. (3)

Surat then goes to Sat Lok with zeal and enthusiasm. Guru casts on her His glance of grace and mercy. (4)

Proceeding further, she reaches the Original Abode. She sacrifices herself before Radhasoami. (5)

Shabd 71

कोई दिन का है जग में रहना सखी ।
ले सुध बुध घर की ओर चलो ॥टेक॥

O friend ! You are to stay in this world only for a few days. Proceed towards your True Home after having acquainted yourself with its whereabouts. The Doots of Jama (myrmidons of death) perpetrate great tyranny here and the mind makes you dance to the tune of your senses. Get rid of them forthwith and trample over Kal and Karam this very day. (1)

Seek Sat Guru, O brother ! Engender love for His holy feet. Mix with loving devotees and mingle in Satsang with zeal and enthusiasm. (2)

Guru will impart you the secrets and whereabouts of your True Home and initiate you in the sublime Surat Shabd Yoga. You will then experience a tumult within you. Ascend and meet Shabd Guru. (3)

From there, go still higher and listen to the most

melodious sounds of the flute and the harp. Mana (the mind), Maya and Kal will be left behind on this side. Go to Sat Guru and get nurtured in His lap. (4)

From Sat Lok, too, proceed higher and find abode in your True Home beyond Alakh and Agam. On witnessing wonderful acts of grace, remain in a state of joy and ecstasy. Get dissolved in the Holy Feet of Radhasoami. (5)

Shabd 72

भजन मैं कैसे करूं हेली री ।
भजन मैं कैसे करूं ॥१॥

How can I perform Bhajan, O friend, how to perform Bhajan ? Without my mind being calm and steady, how, indeed, can I perform Bhajan ? It remains preoccupied with worldly thoughts and reveries, and is constantly engaged in this kind of activity. I want to control it within, but it does not stay there at all. (1)

I have pleaded a lot with it, but it pays absolutely no heed to what I say. Have mercy on me, O my Beloved Sat Guru, the Omnipotent and Omniscient Being ! (2)

Remove my cravings for worldly pleasures. Apply my Surat to Shabd. May my mind remain

absorbed in the Holy Feet and may it not stray from there again. (3)

Without grace and mercy, the mind does not come round no matter what measures I might adopt. If Radhasoami Dayal so wishes, He can turn it in a moment and free me instantly. (4)

Shabd 73

मैं तो पड़ी री दूर निज घर से ।
मेरा दर्शन को जिया तरसे ॥१॥

I am far from True Home. I am yearning for the Darshan of the Beloved. (1)

Remembrance of the Beloved torments me all the time. Tears roll down my eyes in torrents. (2)

If the perfect Guru, bestows His mercy on me, then only shall I be able to go and touch the Beloved's holy feet. (3)

I shall take the Saran of the beloved Guru. I shall attend Satsang with awe and reverence. (4)

I shall practise Surat Shabd Yoga. Then only shall I be able to witness something within. (5)

It is only when I ascend to higher regions and behold the elegant form of the Beloved that my mind and Surat will find some bliss. (6)

By the grace and mercy of Radhasoami, my task

is accomplished. I go and meet my bride-groom. (7)

Shabd 74

भक्त का पंथ निराला है ॥टेक॥

Unique are the ways of devotees. Their sole concern is to sing the praises of their Beloved. All else is troublesome to them. (1)

Bhakti (devotion) enjoined by Sants is the highest of all. (2)

Sant's Beloved is the Supreme Creator, Din Dayal Radhasoami. (3)

All other deities worshipped in this world are emanations from Kal Purush. (4)

Association with them can never lead to salvation, nor can Maya's net be cut asunder thereby. (5)

Only he, who meets the Sat Guru and performs the practice of Shabd, will be able to open the locks within. (6)

Great is the glory of Prem (love) and Bhakti (devotion) and he, who adopts them, is the most exalted. (7)

Such a loving devotee goes and meets his Beloved in no time. (8)

Radhasoami Dayal, in His grace and mercy, vouchsafes protection to His devotees. (9)

Shabd 75

मनुआँ मेरा सोवे जगत में ।
जगा देओ जी ।।टेक।।

My mind is fast asleep in this world. O please wake it up. Take me to Guru's Satsang my friend ! Enable me to hear His discourses. (1)

Implanting deep love in my heart, unite me with the holy feet of Guru. (2)

Have mercy on me and initiate me in Surat Shabd Yoga. Reveal to me the inner secrets. (3)

Then only will my dormant mind wake up. Elevate me to higher regions. (4)

May I have Darshan of the Holy Feet of Radhasoami. Please do accomplish my task. (5)

Shabd 76

हे मेरे मित्रा मनुआँ ।
क्यों न चले निज देश ।।टेक।।

O my friend, mind ! Why do you not proceed to your True Home ? You constantly undergo

pain and pleasure in this body. Leave this alien region. (1)

Unless you attend Satsang, you will never come to know the whereabouts of your True Home. Receive initiation from Guru in Surat Shabd Yoga and practise it regularly. Eradicate all pain and sorrow due to Karams. (2-3)

Elevating your Surat within, rush to Trikuti. Your link with Maya will be severed. (4)

Bathe in Mánsarovar lake and assume the form of a Hansa. (5)

Listen to the sound of the flute in Bhanwargupha. You will thus get the message of the purely spiritual region. (6)

After having witnessed the majestic form of Sat Purush in Sat Lok, merge in the Holy Feet of Radhasoami. (7)

Shabd 77

कौन विधि मनुआँ रोका जाय ।
जतन कोई देओ बताय ॥१॥

May someone tell me how to keep the mind in check. (1)

It is only when the fear of death and hell overtakes your mind, and you are upset at heart because of pain and sorrow, that you will seek solace in Satsang. (2-3)

You will then receive initiation from Guru and Sadh and apply your mind and Surat to the resonance of Shabd within. (4)

By grace, you will get proofs of Guru's mercy within you. Your love for Him will go on increasing day by day. (5)

Your adherence to Karam (rituals) and Dharam (observances) will be easily cast off. Sensual pleasures will cease to please you. (6)

By the mercy of Guru, your mind will then become steady and you will elevate your Surat to higher regions along with the current of Shabd. (7)

Radhasoami, the munificent Guru, grants you His Saran and, in His grace, enables you to repair to your True Home. (8)

Shabd 78

मनुआँ अनाड़ी से कह दीजो ।
जाओ बसो चौरासी देस ।।टेक।।

Ask the foolish mind to go and abide in Chaurási (cycle of eightyfour). As far as I am concerned, I have now given up your company and I shall repair to the region of my Beloved. (1)

If you are also to procced, proceed right now. Give up all worldly comforts. (2)

Otherwise, you will repent for innumerable lives, and Yama will catch you by the hair and tie you down here. (3)

Come to your senses. Adopt Guru's Saran. You will then be rid of all pain and troubles due to Kal. (4)

Catching hold of the cord of Shabd, ascend to Gagan and assume the form of a Hansa. (5)

Constantly sing the praises of Radhasoami and utter RADHASOAMI Nám. Radhasoami is the Perfect Lord and is supremely rich. (6)

Shabd 79

मनुआँ अनाड़ी को समझाओ।
क्यों करे हमारी (आपनी) हान ॥१॥

O please try to convince the mind ! Why does it cause harm to me (itself) ? (1)

Life after life it has remained engrossed in sensual pleasures. It has never given up its peculiar habits. (2)

It has been undergoing all kinds of pain and pleasure. It has never followed the teachings of Guru. (3)

You have got the precious human body again. O fool ! Now, at least do come to your senses. (4)

Shabd is resounding within you. Listen to it attentively for a little while at least. (5)

The merciful Guru has been pleased to meet you. Try to recognize Him. (6)

He, in His grace, will disclose to you the whereabouts of your True Home. Listen to the resonance of Shabd within attentively. (7)

Go to Trikuti and abide there. Rule as the sovereign of the three worlds. (8)

I repair to Radhasoami Dhám, contemplating His holy feet. (9)

Shabd 80

हे मेरे समरथ साईं ।
निज रूप दिखाओ ॥१॥

O my Omnipotent Lord ! Show me Your Nij Roop (True Form). (1)

O my beloved Giver of gifts ! Bestow Your special grace and mercy on me. (2)

I writhe in yearning and anguish day and night. Grant me serenity. (3)

There is no happiness or peace for me without You. Why do You make so much delay. (4)

Many days have passed in expectation. Fulfil my aspiration now. (5)

My life is being wasted in vain. How long will you keep me tentalized ? (6)

Remove the anguish of my mind by granting Your Darshan. O Radhasoami ! Do accomplish my task. (7)

Shabd 81

सखीरी मैं जाऊँगी घर।
नहिं ठहरूंगी माया देश ॥टेक॥

O friend ! I shall go to my True Home. I shall not stay in the domain of Maya. My Home is the highest of the high. No pain or trouble due to Kal exists there. (1)

There is no Brahm, Pár Brahm, Brahmá, Vishnu or Mahesh there. (2)

Átmá and Parmátmá are both not to be found there. Gods, goddesses, Párvati and Ganesh have no access to that region. (3)

Radhasoami is ever present there as Agam Purush, Alakh Purush and Sat Purush. (4)

Great is the splendour of Hansas there. They ever enjoy happiness and comfort in that region. (5)

Without the grace and mercy of Guru, none can

reach there. I therefore, keep praying to Guru. (6)

Radhasoami, my beloved Guru, has now made my life fruitful. (7)

Shabd 82

जो मेरे प्रीतम से प्रीत करे ।
मोहिं प्यारा लागे री ॥टेक॥

He who loves my Beloved, is dear to me. (1)

He who serves my Beloved, is awakened spiritually day by day. (2)

He who sings the glory of my Beloved, is extremely dear to me. (3)

He who applies himself to the Holy Feet of my Beloved, will be able to run away from the world. (4)

He who beholds the form of my Beloved, sees the splendour of His charming countenance. (5)

He who listens to the Shabd of my Beloved, peeps through the gateway to Guru's Abode. (6)

He who takes the Saran of my Beloved, repairs to his True Home. (7)

He who utters the Name of my Beloved, repairs to the Nij Dhám (Original Abode). (8)

He who wishes to get across the ocean of the world, should sing RADHASOAMI, RADHA-SOAMI. (9)

Shabd 83

भोग बासना छोड़ पियारे ।
इस में क्या फल पावेगा ॥१॥

Give up desires for sensual pleasures, O dear ! What will you gain from them ? (1)

Day and night, you toil and moil in the world for its objects. However, at the end, you will have to go empty-handed. (2)

None amongst your brothers, friends, kith and kin as well as caste-follows will be of any help to you. (3)

They keep your company motivated by self-interest only. You will have to repent at the end. (4)

Develop an attachment towards Guru's Satsang. There you will come to know of the inner secrets. (5)

Imbued with love, perform Abhyas day and night. You will then experience bliss within. (6)

Firmly implant the Saran of Radhasoami in your

mind. You will then be able to get across the ocean of the world. (7)

Shabd 84

जगत जीव सब होली पूजें ।
साधू होला गावें री ॥१॥

Worldly Jivas celebrate Holi according to custom. The Sadhu, on the other hand, sings Holá, that is, celebrates Holi in an unusual manner. (1)

He proceeds on His way throwing Abír and Gulál on all sides and fills his inner being with the colour of Prem (love). (2)

His heart constantly overflows with strong currents of love and yearning. (3)

He awakens the good luck of those Jivas who take the Saran of the Holy Feet. (4)

He makes them engender faith in the Holy Feet of Radhasoami and accept Shabd practice as prescribed by Sat Guru. (5)

By making them perform Shabd Abhyas regularly, He makes them give up their attachment to the physical body they have assumed in the world. (6)

He, out of kindness, enables worldly Jivas to hear the Holy Name RADHASOAMI. (7)

Shabd 85

सतगुरु प्यारी चरन अधारी ।
खुन खुन करती आई हो ॥१॥

The loving devotee, a darling of Sat Guru and one who has made His holy feet her prop and support, comes coughing mildly making the sound of 'khun khun'. (1)

With great zeal and enthusiasm, she performs the Sewa of Sat Guru, for which purpose, she ever comes rushing, oblivious of herself. (2)

As she performs the Arti of Guru, she feels extremely delighted and rings the bell loudly, i.e., hears the loud ringing of the bell within. (3)

Taking Prashad with heart overflowing with love, she at once partakes of it with gusto. (4)

Radhasoami Dayal, in His mercy, now enables her to hear the melodious ringing of Shabd within. (5)

Shabd 86

माया रूप नवीन धार कर ।
स त सं ग में आ ई ॥

Máyá comes to Satsang in a new guise. She talks haughtily. Pride and arrogance pervade her heart. She creates a tumult as she calls out

challengingly "Here I come, I am here, I am here." (1)

Kal, too, in a new garb, proclaims his own faith. He spreads anger, antagonism, jealousy and quarrel all round. He ushers in an atmosphere of strife and tussle while calling out : phún, phún; phún, phún. (2)

Unable to seize an opportunity in Satsang, he creates mutual wrangles and quarrels amongst Satsangis. By whipping up meaningless bitterness in the minds of Jivas, he wants to beguile them. Both Kal and Maya give out angry growls as they resort to a lot of twisting and squeezing. They try many tricks. (3)

Observing this state of affairs, loving devotees concentrate their attention on the practice of Sumiran. Adopting and relying upon RADHASOAMI Nam, they cut asunder Kal and Maya's net. Kal now becomes sad and morose. Maya, too, withers in despair. (4)

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BACHAN 41

SARAN

Shabd 1

सुरतिया खेलत बाल समान ।
चरन में गुरु के उमंग उमंग ॥१॥

Full of love and zeal, Suratia plays like a child at the Holy Feet of Guru. (1)

She was all this time in this world far from Guru, but, by grace and mercy, she has now been able to get His company. (2)

As she witnesses newer acts of grace at Guru's holy feet, she gets dyed in the colour of fresh love. (3)

On listening to Guru's discourses, all her doubts and delusions are dispelled, and her mind is filled with joy and delight. (4)

She strengthens her Saran of Radhasoami and enshrines love and devotion in her heart. (5)

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Shabd 2

सुरतिया धूम मचाय रही ।
करें गुरु क्यों नहिं दया विचार ॥१॥

Suratia complans : "How is it that Guru does not have pity on me ?" (1)

For long have I been praying to You. I have been going through pain and sorrow and my mind, too, has been in a diseased condition. (2)

There is no remedy for me except Darshan of Guru. I have been begging for Your Darshan again and again. (3)

Grant me, Your Darshan internally or externally, as be Your Mauj (pleasure). (4)

If it is not the ordainment for me for the present to contact You in Satsang, then, may I have Your Darshan within. (5)

Either show Your most elegant form or let me hear most sublime Shabd. (6)

O Munificent One ! Do something such that my mind may find some peace. (7)

There is no shortage or deficiency in Your abode. Do throw open Your store-house of grace and mercy. (8)

Grant me the gift of just a particle of Prem (love). I am yearning for it day and night. ( )

You showered immense mercy on me at first. O Merciful One ! Why are You unkind to me now ? (10)

O Beloved ! Bestow on me Your grace and mercy soon. Take care of my mind somehow or other. (11)

O Beloved Radhasoami ! You are Dín Dayál (merciful to the humble), the great Benefactor of Jivas and the very prop and support of my life. (12)

Shabd 3

सुरतिया भाव सहित ।
आई सुन गुरु महिमा सार ॥१॥

On hearing of the glory and eminence of Guru, Suratia, imbued with love, comes to His presence. (1)

She feels delighted to have His Darshan and her heart overflows with love as she listens to His discourses. (2)

She is overjoyed to witness Guru's acts of grace every day. She gets His Darshan in ever-new ways and postures daily. (3)

By attending Satsang, all her doubts and delusions have been dispelled and she has come to regard worldly Parmarth as mere rubbish. (4)

She has acquainted herself with the secrets and mysteries of Shabd from Sat Guru. She elevates her Surat along the current of Shabd. (5)

As she practises the modes and methods of Surat Shabd Yoga, her cleansing and purification takes place, and she discards all cravings for worldly pleasures from her mind. (6)

She now remains care-free and takes the Saran (refuge) of Guru, fully convinced that Radhasoami will take her across the ocean of worldly existence. (7)

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Shabd 4

सुरतिया उमंग उमंग।
गुरु आरत करत सम्हार ॥१॥

Suratia, full of zeal and fervour, performs the Arti of Guru with care and attention. (1)

Meek and humble, she comes to Guru's holy feet and is oblivious of worldly activities. (2)

She performs Guru's Sewa affectionately, and constantly enhances her love for Him. (3)

On hearing of the eminence of Guru's Satsang, she develops attachment to it in her heart. (4)

Her faith in the Holy Feet increases day by day. She goes on singing the most sublime RADHASOAMI Nam. (5)

Mixing with the loving devotees of Guru, she sings His praises. (6)

Enshrining the glory and eminence of Radhasoami in her heart, she casts off all her doubts and misgivings. (7)

Shabd 5

सुरतिया घट में आनन्द पाय ।
निरख गुरु भक्ती रीत नई ॥१॥

Suratia (Surat, the loving devotee) experiences bliss within as she witnesses newer ways of Guru Bhakti (devotion to Guru). (1)

She is wonder-struck on noticing the condition of the loving devotees of Guru. (2)

She prays to Guru for special mercy and develops an affinity for Surat Shabd Yoga. (3)

She witnesses wonderful refulgence within. Hearing the resonance of Shabd, she proceeds to higher regions. (4)

She prays : O my munificent Guru ! Shower such grace and mercy on me that I may experience bliss within all the time. (5)

Humble and destitute, I have taken shelter under You. Who but You can give me any gift ? (6)

O my beloved ! Grant me the gift of love. May my Surat remain clinging to Your holy feet. (7)

May I not allow any other desire to arise in my mind. May I ever remain absorbed in bliss holding fast to Mauj all the time. (8)

May my Surat remain dyed in the colour of love and be blessed with the Saran (refuge) of Radhasoami. (9)

Shabd 6

सुरतिया सिमट गई।
गुरु दर्शन दृष्टी जोड़ ॥१॥

Suratia withdraws within as she has Darshan of Guru with her gaze rivetted on Him. (1)

She gets Darshan imbued with love and after giving up all unsteadiness of the mind. (2)

She concentrates her mind and Surat at the third Till and listens to the loud Anhad Shabd. (3)

She feels delighted as she witnesses illumination within. She turns her sight from outside and directs it inward. (4)

She augments her love for Guru's holy feet. She gives up all worldly feelings of 'mine and thine'. (5)

As she listens to Guru's discourses, love awakens

in her. All the Doots (Jama's agents) and thieves (the evil propensities of the mind) remain helpless and exhausted. (6)

Radhasoami Dayal has showered immense mercy on her. He, on His own, has done away with the tyranny and oppression of Kal. (7)

Shabd 7

सुरतिया सुनत रही।
नित राधास्वामी बानी सार ॥१॥

Suratia daily listens to the Bání (poetical compositions, discourses) of Radhasoami. (1)

Imbued with love for Guru's holy feet, she comes to Satsang with heart full of humility. (2)

Guru, in His grace, initiates her into the sublime methods of Surat Shabd Yoga. (3)

She performs Abhyas after properly attuning her Surat. Absorbed in bliss, she listens to the reverberations of Shabd. (4)

Radhasoami Sat Guru is merciful to her. Finding her meek and humble, He takes her in His lap. (5)

Shabd 8

सुरतिया अचरज करत रही ।
पिरेमी जन का देख बिलास ।।१।।

Suratia is astonished to see the delightful activities of loving devotees. (1)

Giving up all fear and regard of the world and all sense of worldly honour and shame, she abides at the Holy Feet of Guru. (2)

She always follows the ways of love and devotion. She performs Abhyas with zeal and enthusiasm. (3)

She always cultivates mutual affection with other Satsangís and Jívas. She is overjoyed on having Darshan of Guru. (4)

She listens to Guru's discourses, full of joy and delight. Her inner being is illumined as she performs Dhyan. (5)

As she listens to Shabd, her Surat ascends to higher regions. She pierces the sky and reaches Trikuti. (6)

After having witnessed Sunn, Mahá-sunn and Bhanwarguphá, she halts at Sat Lok, Alakh Lok and Agam Lok. (7)

On reaching Radhasoami Dham, she is absorbed in ecstatic bliss. The cherished desire of her heart is now fulfilled (8)

Shabd 9

सुरतिया करत रही।
गुरु दर्शन सहित उमंग ॥१॥

Suratia remains absorbed in Darshan of Guru with zeal and fervour. (1)

As she hears Guru's discourses, she gets charmed and dyed in the colour of love. (2)

The ways of Bhakti are now dear to her. She adopts the *modus operandi* of Guru's devotees. (3)

She gives up her love and affection for worldly Jivas and keeps the company of the loving devotees. (4)

Giving up all hesitancy and shyness, she performs Guru's Sewa. Love for Guru pervades each and every part of her body. (5)

Enhancing remembrance of Guru and uttering RADHASOAMI Nám all the time, she easily casts off all worldly desires and cravings. (6)

Contemplating Guru's elegant form and listening to the resonance of Shabd, she elevates her Surat to higher regions like a kite. (7)

Making her Surat and mind burst into bloom like flowers, she arouses ever-new waves of love. (8)

Keeping Kal at bay and making Karams dormant, she gives a good fight to Mana and Maya. (9)

She experiences bliss as she rushes within. All

her doubts and misgivings are dispelled. She arouses love and emotion in her heart. (10)

As she casts aside all hesitancy and proceeds on the path of true Parmarth, the mischievous agents of Kal become harassed and distressed. (11)

She is delighted to hear the sounds of the bell and the conch. She ascends higher after penetrating Banknál, the crooked tunnel. (12)

Hearing the roar of thunder and the beating of drum, she proceeds further. She bathes in Tribeni with Hansas. (13)

On hearing the sound of the flute, she proceeds still higher. Seeing this, Mahákál is confounded. (14)

Proceeding beyond the region of Sat, she repairs to her True Home, Radhasoami Dham, which has no form and no colour. (15)

Being pleased, Radhasoami gives her the Prashad of Prem (love) and intense Bhakti (devotion). (16)

Shabd 10

सुरतिया खिलत रही।
देख गुरु मन मोहन छबि आज ॥१॥

Suratia blossoms forth like a flower on beholding the charming countenance of Guru today. (1)

As she has Guru's Darshan, she becomes oblivious of herself, losing all her sense and understanding. She gives up all worldly activities. (2)

With mounting zeal and fervour, she sings Guru's Arti. She gets the wonderful embellishment of love. (3)

Giving up all sense of honour and shame of family, she indulges in Bhakti openly and whole-heartedly. (4)

By the grace and mercy of Radhasoami, she gets across the ocean of the world, leaving the domain of mind, the hypocrite. (5)

Shabd 11

सुरतिया वार रही ।
तन मन गुरु चरन निहार ॥१॥

Suratia sacrifices her body and mind as she beholds the Holy Feet of Guru. (1)

Cultivating true renunciation, she gives up the world. (2)

She cuts asunder the net of मोह Moh (attachment). She remains alert in the सेवा Sewá (service) of Guru. (3)

Implanting the Bachans of Guru in her heart, she

is successful in overcoming the mind every moment. (4)

All the time, she goes on eradicating the tendency to indulge in the pleasures of the senses. She utters the Holy Name, RADHASOAMI again and again. (5)

Applying herself to Dhyán, she enhances her love and affection, and listens to Shabd lovingly. (6)

The bell and the conch give out loud notes and the radiance of Jyoti dazzles within. (7)

Anhad Shabd now begins to resound loudly. Suratia ascends to Gagan (Trikuti). (8)

She opens the gate and enters Sunn. Taking bath in Mánsarovar, she washes off all dirt. (9)

She sees the refulgence of Bhanwargupha and hears the sound of the Bín (harp) in the Darbár of Sat Guru. (10)

She ascends beyond Alakh and Agam and finds support and sustenance at the Holy Feet of Radhasoami. (11)

When she attends Satsang by curbing her body and mind, all desires for pleasures are cast off. (12)

She develops intense love for the Holy Feet of Guru, and sacrifices her body and mind wholeheartedly. (13)

She cultivates humility and meekness and purges her mind of egotism. (14)

Guru is then pleased with her, and graciously embraces her. (15)

Whosoever devotes himself to Satsang in this manner, will get across the ocean of worldly existence. (16)

Radhasoami, the Param Guru and Great Benefactor, will take him to Nij Ghar (Original Home). (17)

The devotee, freed from all cares and anxieties, will then abide in the ocean of joy. He will get Darshan of Radhasoami Dayal every moment. (18)

Wonderful is His Name, and wonderful His Form. Limitless and boundless is His wonderful grace. (19)

Observing these wonders, Suratia praises her good fortune, and holds fast to Radhasoami's Holy Feet, the essence of all. (20)

She has adopted the Saran of Radhasoami Dayal at heart. He has graciously accomplished her task. (21)

Shabd 12

सुरतिया हरख रही।
निरखत गुरु चरन बिलास ॥१॥

Suratia, seeing the bliss of Guru's Holy Feet, is thrilled with joy. (1)

Frolicking with Guru, she feels overjoyed. Her joy goes on increasing day by day. (2)

She augments love and faith in the Holy Feet, and discards passion and enjoyment of sensual pleasures. (3)

She recites बानी Bání with fervour and zeal. Abiding with Guru, she remains absorbed in bliss. (4)

She attentively listens to His बचन Bachans delivered in Satsang and performs internal Abhyas with alacrity. (5)

Her mind and spirit, withdrawing and concentrating, proceed upward. They leave the domain of Maya. (6)

She penetrates the third Til, hears music and witnesses the light of Jyoti. (7)

She rushes towards Trikuti. Kal is mortified on seeing this. (8)

She ascends higher, hearing the Shabd of Akshar Purush. She enjoys the company of Hansas in Sunn. (9)

Hearing the Dhun of Bhanwargupha, she goes further ahead and becomes one with the Nij Súraj (Special Sun, Sat Purush). (10)

On seeing Alakh and Agam, she becomes free from all cares and anxieties, and realizes Prem Ánand (bliss of love). (11)

Prem Pyárí (beloved) and Rangílí (Jovial) Surat becomes the special and chosen one of Beloved RADHASOAMI. (12)

She is extremely delighted on having Darshan. She has found abode in the Highest Region. (13)

Prem Prataáp (splendour and brilliance of Prem) pervades her entire inner being. Prem Swarúp (Loving Form) is implanted in her heart. (14)

This status is inaccessibly high and exalted. A true disciple attains it by grace. (15)

He attends Satsang and adopts Soámí-Saran (Saran of Soami). He elevates his Surat to Nij Ákásh. (16)

His Surat will then become Soámí-Pyárí (beloved of Soami), and get the special wealth of Prem (love). (17)

Radhasoami casts His glance of grace on Prem-Dulár (one fondled and loved), who becomes the most chosen one. (18)

He, who performs such rare Bhakti (devotion), goes straight to Nij Ghar (Original Abode), without much effort on his part. (19)

My Surat, full of humility, has become Soámí Sanwárí (embellished by Soami). She sings His praises with every breath. (20)

My Surat has become Prem Dulárí (one fondled and loved) and Shabd Pyárí (beloved of Shabd). Having been enriched, she takes her seat at the Holy Feet. (21)

I have accomplished my task by adopting Dayál Saran (Saran of the Merciful). I have given up worldly hopes and attachments. (22)

Surat Pyárí (the beloved Surat) lives on Prem Adhár (the support of love). She remains indifferent to the world easily. (23)

Bhakti is being applauded loudly everywhere. Karam and Bharam have all been destroyed. (24)

The paragon Surat, who is Prem Adhárí (one who has Prem as support), lights a lamp for performing Ártí. (25)

All the devotees sing Arti in chorus, relying on the Holy Feet of RADHASOAMI. (26)

Beloved Radhasoami showers His grace, and illumines every heart with Prem Prakásh (light of love). (27)

Shabd 13

सुरतिया ध्याय रही ।
गुरु रूप हिये धर प्यार ॥१॥

Suratia contemplates Guru's elegant form with heart full of love. (1)

On listening to Shabd, she feels delighted all the time. She realizes the unbounded grace and mercy of Guru. (2)

Absorbed in bliss, she constantly sings the praises of Guru. She cries out from the bottom of her heart : All glory to You, O my munificent Guru ! Glory, all glory to You, my supremely kind Father ! (3-4)

Glory to You, my beloved Radhasoami ! All glory to You, O my True Creator ! (5)

Considering the unbounded grace and mercy which You have been pleased to bestow on me, how can I sing adequately in praise of Your wonderful attributes ! (6)

As I try to sing Your praises, words fail me. I remain thankful to You all the time. (7)

I remain clinging to Your holy feet imbued with love. I shall never give up my hold on the current of ambrosia. (8)

May my mind remain absorbed in Your holy feet so that Kal and Karam may feel exhausted and helpless. (9)

I am extremely humble, debased and weak. I live with Radhasoami as my prop and support. (10)

May I constantly frolic in His company, and may I remain alert and careful relying upon the strength given to me by Radhasoami. (11)

I am a child depending on Him for my sustenance. Radhasoami has done true good to me. (12)

He, on His own, attracted me to His Satsang and He Himself enabled me to have His Darshan. (13)

The glory and eminence of Radhasoami baffle description. I utter RADHASOAMI, RADHASOAMI again and again. (14)

I drink the nectar of the Holy Feet all the time, and remain drenched in love for Radhasoami. (15)

Shabd 14

सुरतिया सोच करत।
कस जाऊँ भौ के पार ॥१॥

Suratia keeps worrying as to how to get across the ocean of the world. (1)

She submits : I cannot perform Bhajan and Dhyan properly, Kal and Karam are too powerful for me. (2)

My impure mind does not heed Guru's instructions and never gives up its evil tendencies. (3)

It remains tied to worldly hopes and desires, and goes astray all the time enjoying sensual pleasures. (4)

It remains totally lost in worries and anxieties and does not pay any heed to the discourses of Guru. (5)

Worldly activities torment it all the time. It remains afflicted with worries and anxieties. (6)

The merciful Guru is always exhorting it to adopt His instructions at heart with care and attention. (7)

But this unsteady mind does not develop right understanding, and goes astray in the world, forgetting all about the modes of Surat Shabd Yoga. (8)

Feeble and weak that I am, I can do precious little in the matter. Therefore, O merciful Guru, bestow on me Your grace and mercy. (9)

O munificent One ! Shower on me such mercy that I may ever remain alert and careful at Your holy feet. (10)

May I experience joy and happiness while performing Dhyan, and may my mind become drenched in bliss as I listen to Shabd. (11)

Remove all obstacles put up by Kal and, in Your grace, protect and save me. (12)

May I firmly adopt Your Saran at heart, and may I ever rely upon Your grace and mercy. (13)

The merciful Guru will surely accomplish all my task. I shall therefore, give up all unnecessary worries and anxieties. (14)

Whatever happens, does so by Guru's Mauj. 1 perceive His mercy in everything that happens. (15)

I shall always take to the ways of Bhakti. I shall be the recipient of the priceless wealth of Prem. (16)

I shall always awaken zeal and yearning for Guru's Darshan, and shall perform His Sewa with heart full of love. (17)

I shall brighten my luck for Parmarth (spiritual welfare), and shall sing Guru's praises again and again. (18)

May my Surat remain attached to the Holy Feet, and may I witness pure and unalloyed scenes and spectacles within. (19)

O Guru, ! Making me Your own, vouchsafe unto me Your protection. Drive away all the evil propensities of my mind. (20)

Rid me of my link with Kal and Karam. Take me in Your lap after bringing about my purification. (21)

Accede to this prayer of mine, now, O beloved Radhasoami, the True Creator ! (22)

Shabd 15

सुरतिया उमंग भरी ।
होली खेलत आज नई ॥१॥

Suratia full of zeal and enthusiasm, plays new Holi today. (1)

She makes pure current of spirituality flow, in which she washes away all the dirty colour of the world. (2)

She always implants love for Guru in her heart and gives up all worldly attachments. (3)

With the colour of love, she plays true and wonderful Holi with Guru today. (4)

The jovial Surat ascends higher and proceeds in the direction of Trikuti. (5)

She gets Darshan of Guru and touches His holy feet with zeal and fervour. (6)

She feels delighted at heart on realizing the grace and mercy of Radhasoami. (7)

Shabd 16

सुरतिया मगन हुई।
घट शब्द का आनंद पाय ॥१॥

Suratia feels extremely delighted on experiencing the bliss of Shabd within. (1)

She performs Guru's Sewa with her body and mind, awakening zeal and enthusiasm in her heart. (2)

She listens attentively to the discourses delivered in Satsang and, by deliberating on them, tries to convince her mind. (3)

She feels a strong urge for performing spiritual practices. Attuning her Surat properly, she rushes onward along the current of Shabd. (4)

She turns her mind inward and shatters her body. She drinks the bliss of nectar within, to her heart's content. (5)

Whenever Maya creates difficulties, she removes them relying upon the strength given by Guru. (6)

Recognizing the grace and mercy of Radhasoami within, she accomplishes her task easily and gradually. (7)

Shabd 17

पिरेमी सुरत रँगीली आय।
दिया सतसंग में प्रेम जगाय ॥१॥

The loving and jovial Surat comes to Satsang and inspires love and affection in Satsangís. (1)

She is delighted to have Darshan of Guru. As she hears Guru's discourses, she cleanses her heart of all dirt and filth. (2)

She augments her affection for Satsangis and strengthens her faith in Guru. (3)

She is delighted to see the benevolent Guru. She is pleased to recite Guru's discourses and teachings. (4)

She is thrilled to witness the splendour of Guru. In ecstasy, she sacrifices her body and mind. (5)

She shows renewed love and affection everyday and sacrifices herself over the charming countenance of Guru. (6)

Worldly dealings are now insipid and tasteless to her. She has become the recipient of Parmarth, the essence of essences. (7)

Guru has bestowed a particle of Prem (love) on her. Her Surat now remains absorbed in the Holy Feet. (8)

I pray at the Holy Feet of Radhasoami that may my love for Him go on increasing day by day. (9)

May I get bliss and joy internally. May the noose of Kal and Karam be cut. (10)

May my Surat remain attached to the Holy Feet,

and my mind be always full of love and affection. (11)

Radhasoami Dayal is pleased with me. He graciously enriches me spiritually. (12)

I bring the paraphernalia of Arti with ardour and fervour and place them before Guru. (13)

I bring shining and glittering dresses, and, full of delight, make Guru put them on. (14)

When I see Guru attired in them, I feel overjoyed, and thank for the grace and mercy He has shown in accepting them. (15)

I sing His Arti with zeal and enthusiasm. My Surat and mind are dyed in the colour of Prem. (16)

Hansas (devotees) are dancing, and sweet and melodious tunes are being played. (17)

A tumult is created in Satsang as all go on dancing and swaying in ecstasy. (18)

Love is raining all round. The Surat of every Satsangi is absorbed in the bliss of the Holy Feet. (19)

They are oblivious of their physical bodies. They are all sacrificing their body and mind before Guru. (20)

Surat and mind enthusiastically ascend within and get Darshan of Guru in Gagan. (21)

This is a wonderful occasion. In the company of Guru, Surat and mind are dancing with joy. (22)

Surat goes to the Darbar (court) of Sat Purush beyond Sunn and Mahá-sunn. (23)

Proceeding beyond Alakh and Agam, I touch the Holy Feet of Radhasoami. (24)

Radhasoami has shown great grace and mercy. All the loving devotees are happy and pleased. (25)

Shabd 18

पिरेमन लाई आरती साज ।
दिया गुरु भक्ति भाव का दाज ।।१।।

The loving devotee brings all the paraphernalia of Arti nicely arranged. Guru is pleased to grant her the gift of devotion and faith. (1)

Love for Guru awakens within her and her Surat applies itself to the resonance of Shabd within. (2)

Kal creates many troubles and obstacles. By grace, his tyranny is gone. (3)

By mercy, she regularly attends Satsang. Her enthusiasm is augmented as she listens to Guru's discourses. (4)

Seeing the transitory nature of the world, she now mixes with loving devotees. (5)

Worldly Jivas are out and out self-seekers. They are all ensnared by Kal and Karam. (6)

They never think of Parmarth (welfare of soul). They pay no attention to the words of Sants. (7)

They calumniate Guru day and night. They harass and disturb loving devotees. (8)

I do not want to associate with them, nor shall I at all listen to their advice. (9)

I shall perform Guru Bhakti (devotion to Guru) with zeal and ardour. I shall imbibe the colour of love at heart. (10)

Beloved Radhasoami vouchsafes His help and protection to me. He steers me clear of the obstacles put up by Kal. (11)

He constantly enhances my love for the Holy Feet. He elevates my Surat and mind to higher regions. (12)

In Sahas-dal-kanwal, I witness the refulgence of Jyoti and lovingly listen to the sounds of the bell and the conch. (13)

On ascending to Trikuti I hear the roar of thunder and the beating of the drum, and, in Sunn, I listen to the sound of the violin. (14)

After ascending to Bhanwargupha, I rush to Sat Lok and have a wondrous Darshan of Sat Purush there. (15)

Ascending beyond, I behold Radhasoami Dham (Abode of Radhasoami) which is indescribable, infinite and nameless. (16)

Without grace, how can anyone find location there? Without mercy, one cannot get the True Name. (17)

Radhasoami has awakened my luck. He, in His grace, has made me His own. (18)

I daily frolic at the Holy Feet of Radhasoami. I adopt in my heart the strength given by Radhasoami. (19)

Shabd 19

बिरहनी सुरत हिये धर प्यार।
उमंग कर आई गुरु दरबार ॥१॥

The yearning Surat comes to Guru's Darbar enthusiastically and with heart full of love. (1)

She has Guru's Darshan regularly every day. She lovingly applies her attention to the Holy Feet. (2)

She is constantly worried as to how good can be done to her soul. (3)

She performs Abhyas carefully every day. She reforms her mind by curbing worldly desires. (4)

She gives up from the bottom of her heart all cravings for sensual pleasures. On hearing Guru's discourses, she ponders over them. (5)

She leaves the domain of Mana and Maya every moment. She applies her Surat to Shabd. (6)

She listens to the sound of the bell and the conch. She withdraws her mind and Surat and elevates and concentrates them in higher regions. (7)

After having witnessed the red morning sun, she beholds the moon. On ascending to Bhanwar-gupha, she hears the sound of Sohang. (8)

In Sat Lok, she gets Darshan of Sat Purush. She hears there the melodious sound of the Bín (harp). (9)

Beyond that, she gets Darshan of Radhasoami who unites her with His holy feet. (10)

She performs Arti at the Holy Feet. Radhasoami bestows immense grace and mercy on her. (11)

He completes her task in all respects. Her Surat becomes absorbed in the Holy Feet of Radha-soami. (12)

Shabd 20

गुरू की धर हिये में परतीत ।
बढ़ावत दिन दिन चरनन प्रीत ॥१॥

Cherishing, at heart faith in Guru, I enhance my love for His holy feet day by day. (1)

By contemplating His form, my mind becomes calm and steady, and by performing Bhajan, my heart gets purified. (2)

When Saran is adopted, Karams become ineffective and on listening to Bachans, my delusions and impurities are removed. (3)

When I observe the funny ways of the world, my desires for worldly pleasures are gone. (4)

My mind then longs to have Guru's Darshan and cherishes to find abode at His holy feet. (5)

I come to know of the true path of Shabd. I perform Abhyas regularly and carefully. (6)

I beg for the Guru's mercy day and night. May my mind and Surat get His Darshan within. (7)

May they withdraw and ascend towards higher regions and hear the sound of the bell and the rumbling of dark clouds. (8)

May I then proceed to Sunn and witness delightful activities there. Ascending higher, may I abide in the fort of Bhanwargupha. (9)

Thereafter, may I witness the refulgence of Sat Purush and partake of the bliss of Alakh and Agam. (10)

May I dally in the holy feet of Radhasoami in His

true and eternal abode and, by grace and mercy, meet the Beloved. (11)

Shabd 21

प्रेम गुरु रहा हिये में छाय।
सुरत अब नई नई उमंग जगाय ॥१॥

Love for Guru pervades my heart. My Surat now arouses ever-new zeal and yearning. (1)

I long to attend Sat Guru's Satsang all the time. My Surat and mind remain drenched in the colour of Guru. (2)

My bold mind is delighted to hear Guru's discourses. All my Karam and Bharam have been cast aside. (3)

I keep a watch on the ways of the mind and the senses. I wish to annihilate the Doots, viz., the evil propensities of the mind. (4)

With due discernment, I have adopted the ways of living as prescribed by Guru. Exercising discrimination, I have shaken off the colour of Maya. (5)

Noticing the dull and dirty colour of the world, I give up all evil company with due deliberation. (6)

I constantly enhance my remembrance of Guru's

holy feet. I keep the elegant form of Guru implanted in my heart. (7)

Kal puts up numerous obstacles. I go on eradicating them with firm adherence to Guru. (8)

Radhasoami Himself brings about my mending and correction by placing His hand of mercy on me. (9)

My beloved Father, Radhasoami, who is Dín Dayál (merciful to the humble), vouchsafes His protection to me in many ways. (10)

How can I sing His great glory and eminence? He has lovingly granted me Saran of His holy feet. (11)

There is none other than Radhasoami who can wash away the impurities of the dirty mind. (12)

Powerless that I am, how can I adequately sing His praises? I sacrifice myself at His holy feet time and again. (13)

Relying at heart upon the grace and mercy of Radhasoami, I live with RADHASOAMI Nam as my prop and support. (14)

But when I do not get Darshan, I feel helpless and dejected and keep quiet and remain patient. (15)

Grasping the Holy Feet, I rush within. I get Darshan of Radhasoami there. (16)

O beloved Radhasoami! Shower such grace and

mercy on me that my mind and Surat may remain steadfast at Your holy feet. (17)

May I experience ever-new bliss within. May I frolic with Shabd like fish dallying in water. (18)

May I always sing Your Arti imbued with love. May my Surat remain firmly attached to the Holy Feet of Radhasoami. (19)

O beloved Radhasoami ! Shower Your grace and mercy in abundance. Attract all Jivas to Your holy feet. (20)

May they perform Your Arti full of love. May they constantly sing the merciful RADHA-SOAMI Nam. (21)

Shabd 22

करूँ गुरु सतसंग नित्त अली ।
खटक परमारथ चित्त खली ॥१॥

O friend ! I shall attend Guru's Satsang regularly. Yearning for Parmarth is pricking my heart. (1)
I shall attend Satsang carefully together with my kith and kin. I shall engender love for Shabd in my mind. (2)

I shall give up fear and regard for the world. I shall develop a dislike and distaste for sensual pleasures. (3)

I engender love for the Holy Feet of Radhasoami. My mind and Surat both wake up now. (4)

I feel delighted to hear the resonance of Shabd. I say 'glory, all glory to Radhasoami Sat Guru'. (5)

Yearning for Darshan is awakening within me. I keep running away from the world all the time. (6)

Kal puts up many obstacles which I brush aside by adhering to Sat Guru. (7)

Implanting zeal and ardour for performing Guru's Sewa in my heart, I serve Him whenever I get the opportunity. (8)

I beg of Guru the gift of Prem. I wish that His hand of mercy may remain on my head. (9)

Engendering true humility in my mind, I go on cultivating Guru Bhakti all the time. (10)

Establishing a link with loving devotees, I keep away from worldly Jivas. (11)

I daily sing the Arti of Radhasoami with zeal and fervour. I adopt the Saran of Radhasoami in my heart. (12)

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Shabd 23

प्रेम की महिमा क्या गाई।
हिये में सी त ल ता छाई ॥१॥

How can I adequately sing the glory and greatness of Prem (love) ? Serenity and tranquillity pervade the heart. (1)

If Prem illumines the inner being of a Jiva, darkness is dispelled from there, and there is refulgence of Shabd instead. (2)

The image of the Beloved is enshrined in the heart of such a Jiva. His Surat and mind remain attached to the Holy Feet, enjoying the bliss thereof. (3)

He engenders love for the Holy Feet of Radhasoami and experiences bliss at heart day and night. (4)

Generating love for Guru's holy feet, he elevates his Surat to Trikuti in the company of Shabd. (5)

Guru's Satsang is dear to him. His mind now gets detached from the world. (6)

On listening to Guru's discourses, his mind disgorges the world and constantly ascends within by catching hold of the current of Shabd. (7)

On hearing of the glory of Satsang, Surat comes to Guru's Darbar full of zeal and enthusiasm. (8)

The devotee performs Guru's Sewa with heart full of love and affection for Him. He develops firm faith in Guru's holy feet. (9)

He listens to Guru's discourses lovingly. He

gives up desire for sensual pleasures from his mind. (10)

He regularly practises Bhajan with love and yearning. His Surat always enjoys bliss in the company of Shabd. (11)

He perceives Guru's mercy within and keeps a vigil on the ways of the mind and the senses. (12)

He contemplates Guru's elegant form. He strengthens Guru's Saran in his mind. (13)

He experiences bliss of the Holy Feet within and his faith in the Holy Feet increases day by day. (14)

He performs Guru's Arti with zeal and fervour. His body and mind are now happy. (15)

Guru casts on him His glance of grace and mercy. His mind and Surat start ascending within. (16)

Piercing the third Til, his Surat proceeds to Sahas-dal-kanwal. As he beholds Jyoti, Kal's snare is cut asunder. (17)

On ascending to Trikuti, he gets Darshan of Shabd Guru and sacrifices his body, mind and wealth before Him. (18)

Surat now ascends to Sunn all alone and frolics with Hansas there. (19)

He then goes to Bhanwargupha beyond Mahá-sunn and hears the most melodious sound of the flute. (20)

He gets Darshan of Sat Purush in Sat Lok and feels delighted on hearing the sound of the Bín (harp). (21)

From there, he proceeds beyond Alakh Lok and, after having witnessed Agam Lok, touches the Holy Feet of Radhasoami. (22)

That is the Nij Dhám (True Abode) of Radhasoami, The Param Guru, and Sants. (23)

He gets wonderful embellishment of Bhakti (devotion). The task of Surat is fully accomplished. (24)

Only when he applied his Surat to Shabd, he found location in this Nij Ghar (True Abode) by the grace and mercy of Guru. (25)

He performed a wonderful Arti of Radhasoami here. His Surat got thoroughly drenched in the colour of love. (26)

The Supreme Being Radhasoami vouchsafed unto him succour and protection. He took him in His lap. (27)

Shabd 24

प्रेम की दौलत अपर अपार।
प्रेम से मिलता सिरजनहार ॥१॥

Infinite is the wealth of Love. Through Love one meets the Supreme Creator. (1)

All Dhyan is pretence without Love. All knowledge is shallow sans Love. (2)

All scriptures are sham without Love. Kal and Karam are overcome by Love. (3)

Mana and Maya are subdued by Love. Surat ascends to higher regions by Love. (4)

Love dispels all evils. One is detached from world by Love. (5)

Refulgence within, one perceives by Love. Every heart overflows with Love. (6)

Most exalted is the glory of Love. All endeavours are in vain without Love. (7)

All activities are void without Love. One is redeemed by Love and Love alone. (8)

May Radhasoami grant the gift of Love !
May Radhasoami grant the gift of Love ! (9)

Shabd 25

राधास्वामी दाता दीन दयाला ।
दास दासी को लेव सम्हाला ॥१॥

O Radhasoami, supremely munificent and Din Dayal ! Vouchsafe Thy protection to these Jivas, men and women, who are Your slaves. (1)

Many a day they have wandered aimlessly in this world. By grace, Thou hast now taken them in Thy holy feet. (2)

Thou hast showered great mercy on both mind and Surat. Thou hast kindled a spark of the fire of yearning in their hearts. (3)

Bestow Thy grace and mercy so that the fire of yearning may keep burning and may never die out. (4)

Burn away the dwelling of Maya, extricate my mind therefrom and elevate it to Adhar (higher regions) (5)

Elevate to Das-wan-dwar the Surat which is now under Maya's domination. (6)

May Surat engage in delightful activities there in the company of Hansas and Hansanís and witness pure and wonderful spectacles. (7)

This immature mind fails to develop the right understanding. Sometimes it takes the right course but, at other times, it rushes headlong in an opposite direction. (8)

As soon as it gives rise to desires for worldly pleasures, it forgets the discourses delivered at Satsang. (9)

It remains preoccupied with all kinds of reveries and thoughts of numerous worldly activities. (10)

Its yearning and love then go in hiding and it identifies itself with worldly pursuits. (11)

It then becomes dry and vapid in Bhajan and Dhyan, and finds no bliss at all within. (12)

When this condition overtakes the mind, restlessness and perturbation increase. There is no peace in the mind. The heart experiences paroxysms of restlessness and becomes very much upset. (13-14)

The mind is then overtaken by the fear that, perhaps, grace and mercy have been withdrawn. (15)

Then, when the worldly task has been completed, love flashes within again, and the obstacles are gone. (16)

Love is then awakened in Guru's holy feet and the mind is convinced of Radhasoami Dayal's mercy. (17)

Such onslaughts of Kal and Maya come and go, and sometimes the mind is dry and vapid and, at other times, it appears to be all-love. (18)

In this way, the mind is never at peace. It continues to waver and fall a victim to Maya's onslaughts. (19)

Therefore, O my Beloved, bestow on me immense mercy and throw open Thy store-house of love. (20

May I remain merged in Thy holy feet day and night and frolic there like fish in water. (21)

May not worldly pursuits torment me now, nor thought and fear of the world lead me astray. (22)

May the current of love flow within me every moment, and may my Surat develop an attachment for Shabd. (23)

May I be able to partake of immense bliss whenever I so desire, and may I remain drenched through and through in the current of ambrosia. (24)

O my Beloved Soami ! Bestow on me such mercy that I may be able to experience the bliss of Shabd within all the time. (25)

May I not rely on any other support than Thy holy feet, and may I merrily and merrily sing Your praises. (26)

If these onslaughts of Maya visit me by Mauj and are to help me assimilate my intoxication with the bliss of Shabd by awakening yearning within me, then, releasing me from Kal's abode, grantest me firm faith in Thy holy feet. (27-28)

May a subtle remembrance of Thee ever abide in my mind with love, and may it not forget Thee even for a moment. (29)

May I constantly utter RADHASOAMI, RADHA-

SOAMI, and may I sacrifice my all over the Saran of Thy holy Feet. (30)

Shabd 26

राधास्वामी सत मत जिसने धारा।
सहज हुआ उन जीव उधारा॥

Whoever embraces Radhasoami Mat, which alone is Sat Mat (True Religion), will have his soul redeemed easily. (1)

Only that Jiva who truly adopts the Saran of the holy feet of Radhasoami Dayal, gets across the ocean of worldly existence. (2)

That Jiva alone who practises Surat Shabd Yoga, swims across the ocean of existence. (3)

He who engenders love for and faith in the holy feet of Radhasoami Dayal, will be the recipient of His grace and mercy. (4)

Whoever cherishes love for Sat Guru, will merge in the holy feet of Radhasoami Dayal. (5)

Love for the Guru will cut asunder all bondages, and the Jiva will be able to make a sacrifice of his body, mind and wealth easily. (6)

He is easily rid of all attachment to the world, and his bondages of body and mind are very expeditiously severed. (7)

He performs Abhyas with yearning and soars high on wings of Prem (love). (8)

Whoever keeps his gaze fixed on the goal within while contemplating Guru's form, indeed, whoever performs this practice with love and with Surat and Nirat fixed on the True Abode, will not fall a victim to the obstacles of Maya. His Surat will merge in the Shabd form of Guru. (9-11)

Such a Jiva enjoys bliss within day and night ; he constantly sings the glory of Radhasoami Dayal. (12)

Relying on grace and mercy, he nourishes his mind and attention every moment. (13)

He eschews desires for sensual pleasures from his mind, and remains absorbed in the bliss of the Holy Feet. (14)

He always keeps his gaze rivetted on Guru's Mauj and, at all times, conforms to His pleasure. (15)

Sat Guru is the protector of one's body, mind and life-breath. He bestows the gift of Bhakti. Nothing can happen without His Mauj. Relying on His Mauj, the devotee sleeps fearlessly. (16-17)

Whoever has this kind of faith in Guru, vanquishes Kal and Karam. (18)

Whenever such a person is upset in mind and at

heart, he rushes towards the Holy Feet of Guru within. (19)

And he prays fervently to Guru that He may, in His grace, help him and remove his shackles. (20)

He has done all kinds of Karams in the company of the mind. The Sat Guru eradicates them all on His own. (21)

Some day, all his suffering due to Karams will be over. By the grace and mercy of Sat Guru, he will pay off the toll of Karams soon. (22)

When deep love is engendered for Guru, he gets from Him the secret of Shabd, which alone is true. (23)

His mind and Surat then ascend to higher regions, never again to turn and have a look of the regions below. (24)

His love for the Holy Feet of Radhasoami increases and he develops firm faith in his mind. (25)

All Satsangis become dear to him and they love one another. (26)

A feeling of compassion towards all Jivas is aroused in him and he realizes the presence of Surat within all. (27)

He is easily rid of all elements of antagonism and hostility. Envy and malice no longer torment him. (28)

No desire or craving is left in his mind, His only hope is that he may be able to meet the True Lord. (29)

This very hope that he may have the Lord's Darshan in this body grows in intensity in his mind day by day. (30)

He thus banishes Kam (passion) and Krodh (anger). He clings to the Saran of the Holy Feet of Radhasoami. (31)

He is rid to such an extent of delusion and hypocrisy that he witnesses the refulgence of Sat Purush within every Jiva. (32)

Ever-new love and zeal are awakened in him and his Surat remains dyed in the colour of love. (33)

He cherishes humility and submissiveness in his mind. He makes the attribute of love pervade his inner being. (34)

He holds all Jivas dear to him and is himself dear to all. (35)

He lives in this world like a child and, in his mind, he does not have any pride and obstinacy. (36)

He remains free from Karams and aloof from all. He knows of no other shelter and support than Radhasoami Dayal. (37)

He is not swayed by doubts and delusions and, in his mind, he never becomes disappointed. (38)

He develops firm faith in the Holy Feet, and sees for himself his salvation being worked out. (39)

The merciful Guru takes him across the ocean of worldly existence and He also redeems his family-members and relations. (40)

How can I sing the glory of Guru-Bhakti (devotion to Guru) ? I can only say that unbounded is His grace and mercy. (44)

Only such a brave one can perform pure and unalloyed Bhakti. Guru Himself accomplishes his task. (42)

Hence, I repeatedly emphasize that there is no mode or method equal to Guru-Bhakti. (43)

By Guru Bhakti, all one's task is accomplished and, after the eradication of one's Karams, one is able to repair to the Original Abode. (44)

One may be a householder or a recluse, a male or a female, but if one rivets one's attention on the Holy Feet of Guru and engenders love for Him, Guru, in His grace and mercy, brings that Jiva round and grants him salvation. (45-47)

All Jivas should, therefore, engender love for Guru in whatever way they can. Their task will then be fully accomplished and they will be able to get across the ocean of worldly existence one day. (48-49)

Great is the hold and sway of Yama in this world and Jivas are wandering in Chaurási (cycle of

eighty four). No Jiva can escape from it. Without Sat Guru, all wander aimlessly. (50-51)

Only a fortunate one happens to meet Sat Guru who draws him inward, after acquainting him with the secret of the Holy Feet. (52)

Sat Guru reveals to him the secret of Surat Shabd Yoga and the methods or modes of Dhyan and Bhajan. (53)

Sat Guru enables him to witness the flame in Sahas-dal-kanwal and listen to the uninterrupted sounds of the bell and the conch. (54)

Penetrating through Bank Nál (crooked tunnel), his Surat ascends to Trikuti and attains a sublime region. (55)

Guru's form is like that of the red morning sun in Trikuti whose monarch or lord is OMkár (56)

In Sunn, Surat witnesses the abode of the moon. There, Akshar Purush is the presiding deity who can be recognized by the sound of Rárang. (57)

Notes of Kingrí (fiddle) and Sárangí (violin) are resounding there, the sound of drum beating having been left behind below. (58)

Passing through Mahá-Sunn, Surat proceeds to Bhanwargupha, and clearly hears the sound of Sohang. (59)

That is the gate-way to Sat Lok. Ascending further, Surat merges in Shabd. (60)

Sat Lok is the abode of Sat Purush where Hansas are ever engaged in delightful activities. (61)

Further ahead, is the Darbar of Alakh Purush. Beyond it, lies Agam Lok which is unique. (62)

Beyond that still, Surat witnesses the Highest Abode which is indescribable, infinite, unfathomable and nameless. (63)

That is the abode of Radhasoami whose form is amazingly beautiful, unfathomable and everlasting. (64)

Surat, ecstatic and totally absorbed in bliss, merges in the Holy Feet of Radhasoami. (65)

Shabd 27

उठत मेरे मन में नित्त उचंग ।
रहूँ नित गुरु के संग निसंक ।।१।।

The desire constantly arises in my mind that I may ever remain in the company of Guru free from all fear. (1)

O Lord ! Be merciful to bestow on me the gift of a particle of Prem and make me Thine own completely. (2)

Do rid my mind of all evil propensities and make the current of ambrosia trickle down within me. (3)

Whithout Thy grace and mercy, I remain a pauper. O Thou merciful One ! Grantest me the gift of Prem. (4)

Mindest not my vices and be kind enough to rid me of them. (5)

From the time that I adopted Thy Saran and learnt from Thee the secrets of Surat Shabd Yoga, my connection with Kal has been severed and the account of Karams has been settled. (6-7)

Let whatever happens by Thy Mauj, happen. There is no other doer. (8)

O Radhasoami, my Beloved Guru ! Hearest thou my prayer. Grantest me the shelter and support of Thy holy feet. (9)

May my mind remain drenched in the colour of love, and may my Surat ascend, catching hold of the cord of Shabd. (10)

May I experience bliss within all the time and may I never be caught in Maya's snares. (11)

O Radhasoami ! Do accept this prayer of mine and keep me near Thy holy feet all the time. (12)

Shabd 28

सुरत पियारी शब्द अधारी ।
क र त आ ज स त सं ग ॥१॥

Darling Surat, having Shabd as her sole prop and support, attends Satsang today. (1)

She comes to Guru's presence imbued with yearning and with heart full of love and emotion. (2)

She has developed an aversion for worldly pleasures. She has discarded the colour of Maya. (3)

She remains sad day and night worrying as to how she can be rid of evil company. (4)

Kal puts up numerous obstacles. Maya spoils her task. (5)

She cannot perform Bhajan and Dhyan at all properly. Her mind remains distracted all the time. (6)

She prays : O Guru ! Bestow on me Your mercy. Change the mind's inclinations. (7)

May it firmly grasp Your holy feet and become detached from everything else. (8)

May it remain absorbed in Shabd. May my Surat soar like a kite. (9)

O my Beloved ! Bestow on me such mercy that I may perform Your Bhakti fearlessly. (10)

May I find abode in the Holy Feet of Radhasoami. May I be washed clean of Maya's dirty colour. (11)

Shabd 29

सुरत रँगोली सतगुरु प्यारी ।
ला ई आ र ती धा र ॥टेक॥

The jovial Surat (loving devotee), the darling of Sat Guru, brings all the paraphernalia of Arti. She performs Guru's Sewa enthusiastically, imbued with love for His holy feet. (1)

As she has Guru's Darshan, her body pulsates and quivers in joy. She sacrifices herself at the Holy Feet. (2)

Satsang and Sat Guru are dear to her. She listens to Guru's discourses carefully. (3)

She mixes with Satsangis and witnesses unsullied scenes and spectacles. (4)

Having got initiated in Surat Shabd Yoga, she performs Abhyas carefully. (5)

She feels delighted on listening to the resonance of Shabd. She beholds illumination within. (6)

Radhasoami now mercifully takes her in His lap. (7)

Shabd 30

सुरत प्यारी गुरु सन्मुख आई ।
आरती प्रेम सहित गाई ॥१॥

Darling Surat comes to Guru's presence and sings

His Arti with love and affection. (1)

She engenders love for Satsangis. She develops faith in the Holy Feet of Guru. (2)

She remains ever awake in Guru's Satsang. She brightens her luck for Parmarth (spiritual welfare). (3)

Knowing Satsang to be the source of true happiness, she wishes to abide in the Holy Feet along with her kith and kin. (4)

She pleases Guru every moment and dedicates her body, mind and wealth to His holy feet. (5)

With heart full of humility, she perfoms Guru's Sewa. Meek and submissive, she begs for Guru's grace and mercy. (6)

Like a child to whom his parents are most dear, she adopts the Saran of Radhasoami in her heart. (7)

She prays : May I frolic near Your holy feet imbued with faith. May Radhasoami graciously fulfil my aspirations. (8)

O dear Father ! Grant me, in Your grace, Your company. May I cultivate Your Bhakti with zeal and enthusiasm. (9)

May my task be accomplished in every respect. May I ever remain at the Holy Feet of Radhasoami. (10)

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Shabd 31

भाग भरी सुर्त सतसंग करती ।
गु रु च र न न लिपटाय ॥१॥

Surat, blessed with great good luck, attends Satsang, clinging to Guru's holy feet. (1)

She has Guru's Darshan with her gaze fixed on Him. She enhances love for Him within. (2)

She arouses yearning in her heart every moment, with tears flowing from her eyes. (3)

Mixing with Satsangis, she awakens ever-new love for them every day. (4)

She becomes indifferent towards worldly pleasures. She develops an attachment for Parmarth. (5)

Meek and humble, she always performs Guru's Sewa, implanting love and faith in her heart. (6)

She strengthens her Saran of the Holy Feet of Radhasoami. She relies upon His grace and mercy. (7)

Shabd 32

झूलत घट में सुरत हिंडोला ।
बाजत अनहद शब्द अमोला ॥१॥

Surat is swaying in the swing within to the

accompaniment of the resounding of Anhad Shabd. (1)

The cord of Shabd is linked with Adhar (highest region). Surat and Nirat remain peeping in that direction. (2)

Her friends and companions have come with her. Love and yearning pervade the sphere of Trikuti. (3)

There are showers of ambrosia on all sides in which Surat having a most beautiful form, is getting drenched through and through. (4)

Hansas and Hansnis have gathered. They are singing newer Rágas and Rágnís (modes of music). (5)

The mind is filled with delight on witnessing novel acts of grace. It ascends on hearing Shabd coming from higher regions. (6)

The swing of Shabd has been put up in Sat Lok. Radhasoami swings in that unsupported region. (7)

Very attractive are the assemblies of Hansas whose wonderful splendour baffles description. (8)

Together, they have Darshan of Radhasoami. They fall at the Holy Feet of their Beloved. (9)

All lovingly sing His Arti. They please the Supreme Being Radhasoami every moment. (10)

Shabd 33

होली खेले रँगीली नार।
सतगुरु से प्रेम लगाई ॥टेक॥

The jovial woman (Surat, loving devotee) plays Holi with Sat Guru full of love and affection. Meek and humble, she mingles in Satsang and awakens love within. Her love for and faith in the Holy Feet go on increasing. Her devotion is enhanced day by day. By grace, she is able to break the barriers put up by Kal. (1)

She brings the colour of love with which her inner being is full to the brim and sprinkles it on Guru with zeal and fervour, showering it, at the same time, on all Satsangi brothers and sisters who are extremely delighted as they get drenched through and through in it. (2)

Abír (a sweet-scented white powder) and Gulál (red powder) are being scattered all round and the sky looks red-white. Divine light now shines on the faces of all and, within everyone, Anhad Shabd is resounding loudly. The atmosphere, which has been created, baffles description. (3)

Such wonderful Holi is being played that a great tumult has been raised throughout the world. Mana and Maya are being discarded like dust scattered to the winds. Kal and Karam are both befooled. Such is the grace and mercy which Radhasoami has been pleased to shower. (4)

Bhakti is now being practised. There are heavy showers of love within everyone. Moh (infatuation) and Kam (passion) are now all infructuous. Redemption of Jivas is taking place easily and naturally. The praises of Radhasoami are being sung all round the world. (5)

RADHASOAMI Nam becomes manifest in the world. The strifes and wrangles due to Kal and Karam have been obliterated. The religions of the mind are now all finished. All are expeditiously engaged in the practice of Surat Shabd Yoga and all sing RADHASOAMI, RADHASOAMI in a chorus. (6)

All Jivas have been unhappy and miserable uptil now. By grace, they are at present all very happy. Such is the mercy which Radhasoami has been pleased to shower that Mana and Maya have both been vanquished. Radhasoami, in His grace, ferries across all Jivas. (7)

Shabd 34

आग लगी संसार में।
सब कोई तपन सहे॥

The world is on fire and everybody is experiencing the heat. Whoever accepts and follows the Guru's discourses, ascends to higher regions. (1)

He who ascends to higher regions after giving up

all Karams and Bharams, listens to Shabd resounding in the True Mansion (Home) and remains clinging to the Holy Feet. (2)

He ascends step by step on the stair-case of Shabd and witnesses the refulgence of Sat. He gets Darshan of the Holy Feet of the Supreme Being Radhasoami. (3)

That is the reservoir of unbounded love and bliss. Whoever, by mercy, reaches there, gets redeemed. (4)

All else is false and illusory and does not enable one to get across the ocean of worldly existence; one remains confined to Chaurasi (cycle of eighty four) wandering aimlessly in it again and again. (5)

Therefore, O Jivas ! You should develop the right understanding and grasp Sat Guru's hand; otherwise, you will suffer the burning caused by Kal and Karam life after life. (6)

Adopt the Saran of Radhasoami. Sing RADHA-SOAMI Nam. And by practising Surat Shabd Yoga, ascend and reach the Original Abode. (7)

Shabd 35

यह देह मलीन और नाशमान ।
जगत कलेश और दुख की खान ॥१॥

This body is all-filth and perishable. The world is a mine of pain and sorrow, and nowhere are peace and tranquillity to be found. Hence one has to proceed beyond the region of Maya. (1-2)

Adopt the goal of Surat Shabd Yoga. You will find abode in the region of Radhasoami Dham. (3)

Shabd 36

धन धन राधास्वामी गाय रहूँगी।
जग में शोर मचाय रहूँगी॥

I shall go on singing 'glory, all glory to Radhasoami' and create a tumult in the world. I shall ever proclaim Guru's Name. 'Glory, all glory to You, my Beloved Radhasoami ! Glory all glory to the Support and Sustenance of the entire creation ! Glory, all glory to You, my Supremely Generous Guru ! Glory, all glory to You, my True Creator ! I shall today grasp Your holy feet and remain clinging to them. (1)

You mercifully gave me Your company after extricating me from worldly entanglements. By letting me listen to Your discourses, You dispelled all my doubts and misgivings. You saved me from Karam (rituals) and Dharam (observances). I shall ever remain serving at Your holy feet. (2)

You graciously revealed to me the inner secrets. You awakened love in my mind. You

implanted Your incomparably elegant form in my heart. You rid me of all fear and regard for the world. I shall ever sing Your unstinted praises. (3)

Shabd 37

भूल भरम ग़फ़लत अब छोड़ो ।
शब्द गुरु में सूरत जोड़ो ॥१॥

Give up delusions, illusions and negligence now. Join your Surat with Shabd Guru. (1)

Never follow the dictates of the mind. It will plunge you in the ocean of the world. (2)

Engender love for and faith in the Holy Feet of Radhasoami and repair to your True Home. (3)

O brother ! Come to your senses and try to understand right now. Forget about wealth and honour. (4)

You will never get this kind of opportunity again, but will keep wandering in Chaurasi and will go astray in the region of Maya. (5)

Shabd 38

मेरा भींज रहा मन प्रेम रंग ।
अब चाहत निस दिन संत संग ॥१॥

My mind is getting drenched in the colour of love. It now seeks the company of Sant all the time. (1)

I constantly rush to the Holy Feet of Guru with zeal and fervour. My body pulsates and quivers with love and emotion as I have His Darshan. (2)

I daily drink nectar as I listen to His discourses. My Surat soars like a kite in the company of Shabd. (3)

Enshrining in my heart the all-conquering strength Guru has given me, I now go on fighting with Kal and Karam. (4)

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Shabd 39

पिरेमन सुरत आरती धार।
चरन गुरु आई कर सिंगार ॥१॥

The loving Surat, fully embellished, comes to the Holy Feet of Guru to perform His Arti. (1)

She has covered her body with the sheet of serenity and has put on the shirt of compassion. (2)

She has made the skirt or petticoat by encircling and controlling her mind and has brightly decorated the blouse of her attention. (3)

She has worn the necklace of Saran on her bosom and has placed round her neck the garland of tranquillity. (4)

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Bachan 42

MISCELLANEOUS REFRAINS AND COUPLETS

(1)

Radhasoami is merciful and munificent. He is my Father and Mother. I shall ever remain clinging to His holy feet. I shall never forsake His company. (1)

Radhasoami is the Omnipotent Being. Radhasoami is the True Creator. Radhasoami is merciful to the humble. Radhasoami is supremely generous. (2)

Praise be to Radhasoami ! Praise be to Radhasoami ! O brother ! Perform Sumiran of RADHASOAMI. (3)

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(2)

By thought, word and deed, make everyone happy. To serve your own purpose, inflict pain and suffering on none. (1)

If you cannot make others happy, at least do not

make them unhappy. He, who leads his life on these lines, enjoys the bliss of Shabd. (2)

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(3)

Engender love for RADHASOAMI Nam and Guru's elegant form. Apply yourself within. Give up ruminations of the mind altogether. Focus your attention on the Beloved.

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(4)

Do not look outside. Enshrine the Lord within you. Sat Guru is merciful to the humble. He will give you everlasting Suhág (happiness of eternal wife-hood).

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(5)

Sitting quietly, remember RADHASOAMI Nam. By grace and mercy, you will be the recipient of Sat Guru's Prasad.

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(6)

Pain and pleasure and the three kinds of afflictions

result from bondages alone. And it is bondages which are at the root of sufferings of births and deaths.

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(7)

It is bondage, again, that cuts asunder other bondages and the fettered becomes unfettered, and by the grace and mercy of Radhasoami, Nij Ghar (Original Abode) is attained.

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(8)

Calls out the bell 'Proceed to your True Home, O, do proceed to your True Home. And do meet and mingle with the merciful Beloved'.

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(9)

I have promised to my Beloved that as long as there is life in my body, I shall love His devotees and look upon them as my own self. (1–2)

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(10)

I am of my Beloved and the Beloved is mine. Between us, no distinction of any kind should be made.

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(11)

Whatever happens does so by Mauj, and it is the work of the Omnipotent Beloved.

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(12)

O Soami ! Accede to this prayer of mine, O, do accede to this prayer : Draw me to Your holy feet and grant me location there. I am powerless. Know me to be meek and humble. Grant me the gift of Prem and Bhakti (love and devotion).

---

(13)

Question

O friend ! How can I be saved from the clutches of this mind ? It tempts me with sensual pleasures.

---

(14)

Answer

Dín Dayál Radhasoámi has heard your prayer. He will grant you love for His holy feet. Thus will you be saved, darling, from the clutches of the mind.

---

(15)

The Beloved is manifest in a Sant. Come hither and seek Him here. (1)

He is seated hidden within you. Come hither and seek Him here. (2)

---

(16)

O my dear brothers and sisters ! Have a little pity on me. Extricate me from here.

---

(17)

O my dear brothers and sisters ! Your days in this world are passing in vain. Accomplish your task soon.

---

(18)

O my dear brothers and sisters ! Why do you quarrel with one another ? Mix and mingle with each other and attend Satsang.

---

(19)

O my dear brothers and sisters ! Cast aside worldly hopes and desires. Enhance your love for the Holy Feet of Guru.

---

(20)

O my dear brothers and sisters ! This is not your region. Go to Nij Dham (True Abode) and abide there.

---

(21)

O my dear brothers and sisters ! This world is just a night's dream. Practise Parmarth with care.

---

(22)

O my dear brothers and sisters ! Give up desires for sensual pleasures. Experience bliss within all the time.

---

(23)

O my dear brothers and sisters ! Why do you uselessly wander in the world ? Engage in internal spiritual practices.

---

(24)

O my dear brothers and sisters ! Adopt the Saran (refuge) of Radhasoami. Partake of the bliss of the Holy Feet within yourself.

---

(25)

O my dear brothers and sisters ! Accept Guru's teachings after fully understanding them. Save your souls from the clutches of Kal.

---

(26)

O my dear brothers and sisters ! Adopt and follow Guru's instructions and thus save yourself from wandering in Chaurasi (cycle of eightyfour.)

---

(27)

You removed my regard for the world by delivering me Your discourses, and You attracted me to Your Holy Feet by granting me Your Darshan. (1)

You made both Kal and Karam dormant. You awakened love in me. (2)

Praise be to You, beloved Sat Guru Radhasoami ! All praise be to You, O my beloved Sat Guru Radhasoami. (3)

---

(28)

My mind is making me dance to its tune. It is turning away from the path shown by Guru. (1)

---

(29)

Leave the world and proceed after smashing the

mind. Ascend within by fixing your attention on the Holy Feet. (1)

Be afraid of Kal and adopt the Saran of Guru. Remain firmly grasping His Holy Feet. (2)

---

(30)

Make spiritual endeavours as best as you can with faith in the Holy feet of Radhasoami.

---

(31)

Enshrining the Holy Feet of Guru in my heart all the time, I shall sacrifice my body and mind over His Saran.

---

(32)

O my beloved, munificent Guru ! I shall remain grasping Your holy feet.

---

(33)

Leaving the world, Surat, rushes to Guru's holy feet. She has brought the paraphernalia of His Arti nicely arranged today.

---

(34)

Taking the sword of Nam in my hand, I have driven away Moh (infatuation) and मद Mad (pride, ego) altogether.

---

(35)

O beloved Soami ! Why do You not listen to my prayer ?

---

(36)

O beloved Soami ! Let Your grace and mercy be showered on me right now.

---

(37)

O beloved Soami (Lord) ! Reform me this very moment. My mind and senses never remain calm and quiet. They are wavering and fickle all the time.

---

(38)

Grasp the Holy Feet of Guru with your heart

imbued with love. Adopt His Saran with unflinching faith.

---

(39)

The beloved Sat Guru is playing colourful Holi in the world.

---

(40)

The beloved Sat Guru has made the five mischievous Doots (agents)* dormant.

---

(41)

The beloved Sat Guru has extinguished the intense heat and fire of the world.

---

(42)

The beloved Sat Guru has saved my Surat from the clutches of Jama.

---

* The five evil propensities of mind.

(43)

The beloved Sat Guru has awakened fresh love in my mind.

---

(44)

How am to I go to the Beloved's abode, the uncouth mind being always after me ?

---

(45)

O friend ! How can I be rid of the evil tendencies of my mind ?

---

(46)

I shall today sacrifice my mind at the Holy Feet of the beloved Guru.

---

(47)

I shall sing a wonderful Arti of the beloved Guru with zeal and fervour.

---

(48)

Relying upon the strength the beloved Guru has granted me, I shall dash Karam to the ground.

---

(49)

Imbued with faith in the beloved Guru, I shall go on fighting with the mind.

---

(50)

Singing the praises of the beloved Guru all the time, I shall awaken love within me.

---

(51)

Listen, O friend! My beloved Radhasoami embraces me in dream at night.

---

(52)

O my beloved Radhasoami! Grant me Your Darshan today. (1)

O my beloved Radhasoami ! Shower Your grace and mercy now. (2)

O my beloved Radhasoami ! Take me under Your shelter and protection. (3)

---

(53)

I am apt to err again and again. You are the Omnipotent and Munificent Sat Guru.

---

(54)

O friend ! I shall go to my True Home in the company of Sat Guru, with my heart full of love.

---

(55)

O friend ! Let me go to my True Home in the company of Sat Guru, leaving this alien region.

---

(56)

O mind ! Sing again and again the glory of the support and sustenance of RADHASOAMI

Nam. RADHASOAMI Nam is a source of perennial happiness. Whoever performs the Sumiran of this Nam, attains a high status. Unfathomable and infinite is the bliss of this Nam.

---

(57)

My heart pines without Sátsang. I have been placed in this city of thieves.

---

(58)

The Lord accomplishes the task of His devotees. He extricates Jivas from Kal's net by incarnating Himself as Sat Guru.

---

(59)

By keeping the company of loving devotees, Suratia is awakening love within her.

---

(60)

Suratia is now praying to the Lord that He may

be pleased to attract all to His Holy Feet now.

———

(61)

Suratia assumes a most wonderful form as she keeps her gaze fixed on Guru standing before Him face to face.

———

(62)

Suratia breaks forth, 'Praise be to Guru, all praise be to Guru'. She sings the glory of Guru.

———

(63)

Suratia constantly sings the Arti of Guru smilingly and imbued with love.

———

(64)

Suratia feels repentent on observing the deficiency of love in herself.

———

(65)

Suratia constantly rushes within to fill the pitcher with nectar.

---

(66)

Suratia makes the current of love and spirituality flow on getting Darshan of Sat Guru.

---

(67)

Suratia, pondering over the discourses of Guru, attends Satsang regularly and full of delight.

---

(68)

Suratia feels delighted as she hears new discourses delivered by Guru.

---

(69)

Suratia blossoms forth like a flower by performing the Sewa of Guru all the time.

---

(70)

Suratia, dyed in saffron colour, comes to Guru's Darbar to perform His Arti.

---

(71)

Suratia goes on praying "O Guru ! Redeem me this very day."

---

(72)

Suratia remains fast asleep all the time with outstretched legs.

---

(73)

The deceitful mind is making me dance to its tune. O God ? How can I be freed from its clutches now ?

---

(74)

O friend ! Tell me how can I get Darshan of the Beloved ?

---

(75)

Without Darshan, I am feeling restless. How am I to quench my inner burning ?

---

(76)

Without Darshan, I find no peace. How am I to console my mind ?

---

(77)

Without Guru's Darshan, nothing is pleasing to me. How am I to live in this world ?

---

(78)

Without Darshan, I remain restless and perturbed. My mind finds no peace at all.

---

(79)

Without Darshan, I remain sad and dejected and find no peace or solace anywhere.

---

(80)

Blessed with good luck, the wonderful and unique
Surat performs Guru's Sewa.

———

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